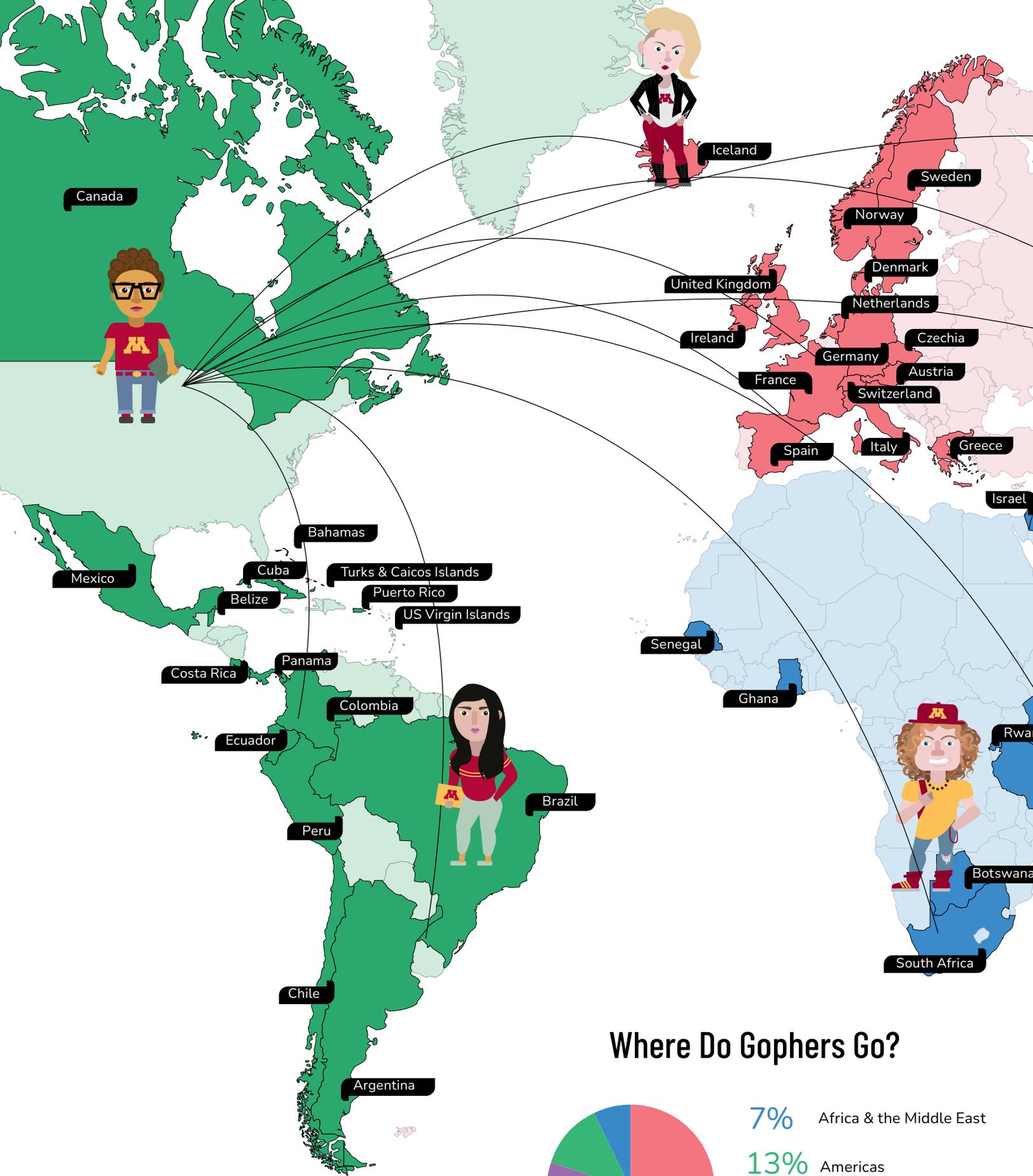


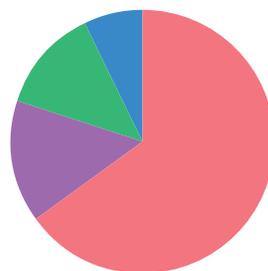
# LEARNING ABROAD CENTER

## UNIVERSITY OF MINNESOTA





## Where Do Gophers Go?

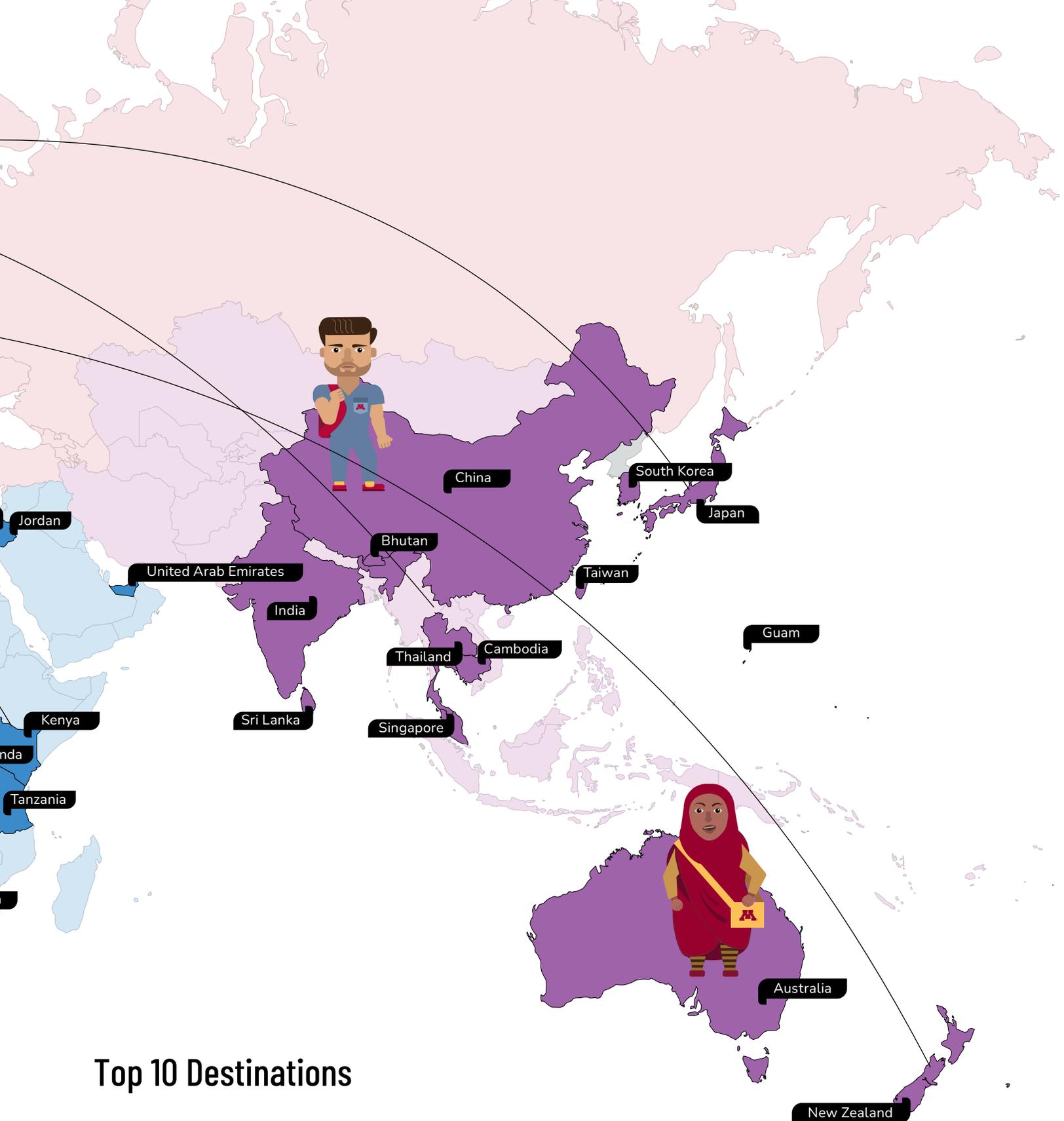


7% Africa & the Middle East

13% Americas

15% Asia & Oceania

65% Europe



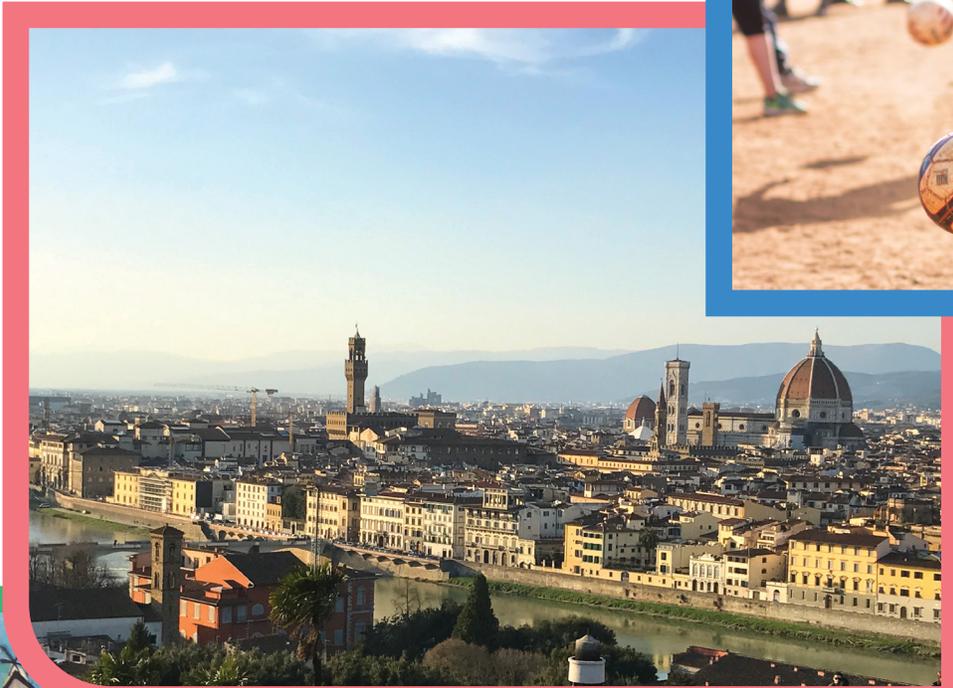
## Top 10 Destinations

- |                  |                |
|------------------|----------------|
| 1 Spain          | 6 Mexico       |
| 2 China          | 7 France       |
| 3 Italy          | 8 Ecuador      |
| 4 Denmark        | 9 South Korea  |
| 5 United Kingdom | 10 Switzerland |

# Study Abroad & Graduate on Time

Did you know that **studying abroad doesn't delay graduation**? In fact, if you study abroad, you're actually more likely to graduate in a more timely manner than your friends who don't go abroad.

According to a national study of more than 220,000 students at 35 US colleges, students who studied abroad were six percentage points **more likely to graduate in four years than their classmates**. They also graduated with higher cumulative grade-point averages than their peers.



# Sample Student Experiences



## Nico on School for Field Studies Turks & Caicos

"This experience was a wonderful way to earn a lab credit for my biology degree. The weather was absolutely perfect, the scuba and snorkeling were beautiful (eagle rays, sharks, turtles), and the teachers were instructive and engaging. Our final was a snorkel test where we did underwater identification with an instructor pointing to fish and coral with a stick. An experience of a lifetime."

*Senior*  
Biology major



## Kathryn on Study Abroad in Denmark

"I was there during the COVID pandemic while the borders to Denmark and surrounding countries were closed off...I ended up loving the experience even more because I got to explore more of Denmark on the weekends and for class trips...I wouldn't trade this experience for anything!"

*Junior*  
Interior architecture major



# Choose Your Study Abroad Program

There is no one or best way to choose a program, but here are some aspects to consider.

## STEPS TO TAKE

- 1 Determine your goals. Consider your academic focus, geographic interests, learning style, personal identity, and career path.
- 2 Decide how long you want to study abroad. Programs range from ten days to a full academic year.
- 3 Search for a program. [UMabroad.umn.edu/programs](https://UMabroad.umn.edu/programs)

## PROGRAM MODEL

## DETAILS

Study Abroad Center

Offers customized classes and internships designed for UofM students studying abroad

Instructor-Led

Led by UofM faculty or staff; includes Global Seminars, Freshman Seminars Abroad, and programs offered by UofM colleges, departments, and units

Host-University Study

Allows integration into classes with students from the host country

Experiential Learning

Features structured academics outside of the classroom, including field research or experiential assignments

Non-Credit

Non-academic and non-credit-bearing program model; includes volunteer programs



## Allie on University Study in South Korea: Korea University

"Going abroad was genuinely the best thing that's ever happened to me, and I only wish everyone could experience what I did. The world awaits!"

**Junior**  
Marketing major



## Anya on Study & Intern in London

"I got the opportunity to perform on the stage myself. My company put on a much-abridged version of Macbeth that we had been rehearsing for the previous five weeks...I was a lot less nervous than I usually was when performing on that stage. Instead, I felt sure of myself and powerful."

*Junior*  
Acting BFA major

## Study Abroad by the Numbers



4

Average years to graduation for a UofM student who studies abroad



180

Number of programs in 50 countries



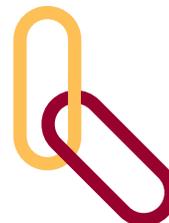
2,500+

Study abroad courses approved for UofM liberal education requirements



180

UofM students who went abroad in 2020–21



848

UofM students who met one on one with a Learning Abroad Center adviser

# You Can Study Abroad with Any Major

The list below represents Major Advising Pages (MAPs) we have created with partners in each department.

[UMabroad.umn.edu/students/maps](http://UMabroad.umn.edu/students/maps)

You can find an experience that will add value to your major and minor, fit your academic program, and accelerate your career and professional goals. Your academic adviser can help you determine the best programs and times for you to study abroad. Even if your major is not listed, you can still study abroad.

## CARLSON SCHOOL OF MANAGEMENT

Business

## COLLEGE OF BIOLOGICAL SCIENCES

Biological Sciences Coursework Abroad

CBS Pre-Health Students

Marine Biology Minor

Research/Fieldwork Abroad

## COLLEGE OF CONTINUING & PROFESSIONAL STUDIES

Construction Management

Health and Wellbeing Sciences

Health Services Management

Individualized Degree Programs

## COLLEGE OF DESIGN

Apparel Design

Architecture—BDA

Architecture—BS

Graphic Design

Interior Design

Landscape Architecture

Product Design

Retail Merchandising

## COLLEGE OF EDUCATION & HUMAN DEVELOPMENT

Business and Marketing Education

Early Childhood Education Foundations

Elementary Education Foundations

Family Social Science

Human Resource Development

Kinesiology

Special Education

Sport Management

Youth Studies

## COLLEGE OF FOOD, AGRICULTURAL, & NATURAL RESOURCE SCIENCES

Agricultural and Food Business Management

Agricultural Communications and Marketing

Agricultural Education

Animal Science

Applied Economics

Environmental Sciences, Policy, and Management

Fisheries, Wildlife, and Conservation Biology

Food Science

Food Systems

Forest and Natural Resource Management

Nutrition

Plant Science



Pre-Bioproducts and Biosystems  
Engineering

Sustainable Systems Management

## COLLEGE OF LIBERAL ARTS

African American and African Studies

American Indian Studies

American Studies

Anthropology

Art

Art History

Asian and Middle Eastern Studies

Concentration: Chinese, Japanese,  
Korean, and Middle Eastern Studies

Biology, Society, and Environment

Chicano-Latino Studies

Classical and Near Eastern Religions and  
Cultures

Communication Studies

Computer Science

Cultural Studies and Comparative  
Literature and Studies in Cinema and  
Media Culture

Dance

Developmental Psychology

Economics

English

French

Gender, Women, and Sexuality  
Studies

Geography

German, Nordic, Slavic, and Dutch

Global Studies

History

Individualized Degree Programs

Italian Studies

Jewish Studies

Music

Philosophy

Political Science

Psychology

Religious Studies

Sociology General

Sociology of Law, Criminology, and  
Justice

Spanish and Portuguese

Speech-Language-Hearing Sciences

Statistical Practice/Science

Strategic Communication, Journalism,  
and Mass Communication

Technical Writing and Communication

Theatre Arts

Urban Studies

## COLLEGE OF SCIENCE & ENGINEERING

Science and Engineering

## SCHOOL OF NURSING

Nursing

## ADVISING RESOURCES FOR SPECIFIC COHORTS

Honors Students

Leadership Minor Students

Student-Athletes

Students Exploring Majors

## INSTITUTE ON THE ENVIRONMENT

Sustainability Studies Minor

## PRE-PROFESSIONAL LEARNING ABROAD ADVISING RESOURCES

Medicine, Public Health, and Health  
Sciences

Pre-Law

## THE CENTER FOR COMMUNITY-ENGAGED LEARNING

Community-Engaged Scholars Program

# You Can Earn Academic Credits

Our study abroad programs can help you progress toward graduation.

## LIBERAL EDUCATION REQUIREMENTS

Search the U-Credit database to select from the many courses that have already been pre-approved for liberal education requirements. You can also submit any course not yet evaluated for approval online.

[ucredit.UMabroad.umn.edu](https://ucredit.UMabroad.umn.edu)

## MAJOR/MINOR REQUIREMENTS

Work with your academic adviser before applying for a program to ensure your courses are approved for major/minor requirements.

[UMabroad.umn.edu/students/maps](https://UMabroad.umn.edu/students/maps)

## CREDIT-BEARING INTERNSHIPS

International internships allow you to gain professional experience in your field while earning credits. Many of our programs offer internships.

## LANGUAGE REQUIREMENTS

Study abroad does not require foreign language proficiency.

However, you can complete second language requirements abroad. Intensive language programs are designed to provide more credit and/or accelerated language learning at beginning and intermediate levels. Advanced language programs help you refine and perfect your language skills.

# You Can Afford to Study Abroad

Study abroad can be affordable, especially when you compare program costs and consider financial aid, scholarships, and grants.

## COST COMPARISONS

Program cost varies widely depending on the program type, length, and destination. But in some cases, the difference between going abroad and staying on campus for a semester is less than \$6,000. For a sample cost comparison, see the chart on page 11.

## PROGRAM FEES

Program fees vary—but typically include tuition, fees, insurance, housing, and some meals. To help calculate your costs, visit the Learning Abroad Center or use our cost of participation sheets and cost breakdowns:

[UMabroad.umn.edu/students/finances](http://UMabroad.umn.edu/students/finances)

## FINANCIAL AID

You can apply most of your regular financial aid—federal, state, and university, as well as private loans, grants, and scholarships—to the cost of studying abroad. Your financial aid award will depend on the cost of your program and your eligibility.

## FINANCIAL AID PREVIEW MEETING

A financial aid counselor can help you review total program costs and your financial aid package before you confirm your spot on a program. To set up a meeting with a counselor who is familiar with study abroad, visit:

[z.umn.edu/scheduleFApreview](http://z.umn.edu/scheduleFApreview)

## SCHOLARSHIPS & GRANTS

Many scholarships and grants are available to you, and the Learning Abroad Center is here to help.

Study abroad scholarships from the Learning Abroad Center range from \$1,000 to \$4,500.

Tips to consider:

- Apply for study abroad-specific scholarships
- Look into scholarships from your college and department, as well as national awards
- Seek out program-specific scholarships and fee reductions



## Clara on MSID Senegal

“The people I interacted with...became nearly family for me. They taught me so much, not only about their culture but also about life, what it means to be human, how to be a good person.”

*Junior*  
Economics and French majors





### Luke on Cross-Cultural Health in Spain

“Speaking Spanish all day every day advanced my proficiency in speaking to a level that I wouldn’t have achieved in years in the US. Beyond that, the professors [had] lived experience through Spanish politics, history, and customs, so their direct perspective helped me to understand Spanish culture on a deeper level.”

*Junior*  
Genetics/cell biology major

## You Can Afford to Study Abroad

### Estimated Costs

This bar chart compares the costs of staying on campus to going abroad (including airfare).



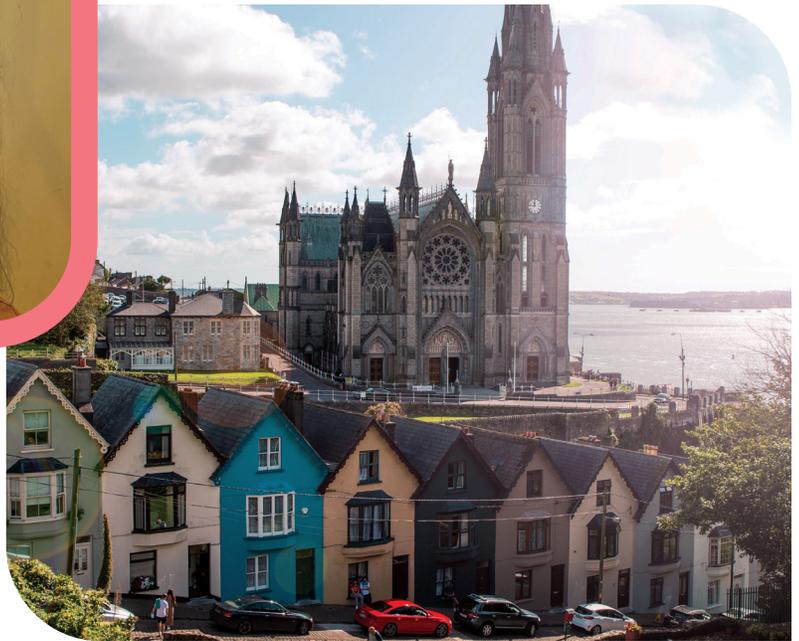
# Sample Student Experiences



## Kierney on Leadership & Social Change in Ireland

“This experience gave me a much deeper understanding of Ireland and its current events, culture, and history, and that made me feel much more connected to the state of the globe than ever before while living in America.”

*Senior*  
Individualized studies major



## D'Andre on Ghana's Business of Doing Good: Social Startups & Public Affairs

“Learning firsthand how some of the continent's brightest individuals are contributing to the social well-being of their country while successfully operating their businesses was enlightening... I recommend this program to all students who want to: develop outside of their comfort zone, experience a rapidly growing West African economy, and meet some of the kindest people on this planet.”

*Senior*  
Marketing major  
Business analytics minor

# Your Employability & Learning Abroad

Learning abroad is a smart way to differentiate yourself.

## PREPARE FOR YOUR CAREER

In today's globalized marketplace, employers seek those who demonstrate exposure to widely diverse people, cultures, ideas, and viewpoints.

- Incorporate learning abroad planning into your advising appointments, career counseling appointments, and faculty visits
- Maximize your study, intern, community engagement, research, or volunteer experience by linking it to your career interests and degree program
- Think about your academic and career goals before, during, and after your experience abroad
- Develop intercultural competencies appealing to potential employers and graduate schools

## CONNECT YOUR ABROAD EXPERIENCE TO YOUR FUTURE

While you're abroad, you can take a one-credit intercultural learning course to help position yourself as a competitive member of the global workforce.

In OLPD 3332: *Global Identity: Connecting Your International Experience to Your Future*, learn how to effectively articulate your study abroad experience to future employers, graduate or professional schools, and scholarship committees.

[UMabroad.umn.edu/students/academics/globalidentity](http://UMabroad.umn.edu/students/academics/globalidentity)



## Build Career Skills

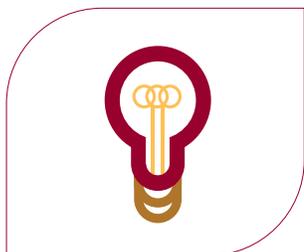
Studying abroad can help you develop these skills sought after by employers.



Ability to work in a team



Effective interpersonal communication



Ability to learn new ideas quickly



Intercultural fluency

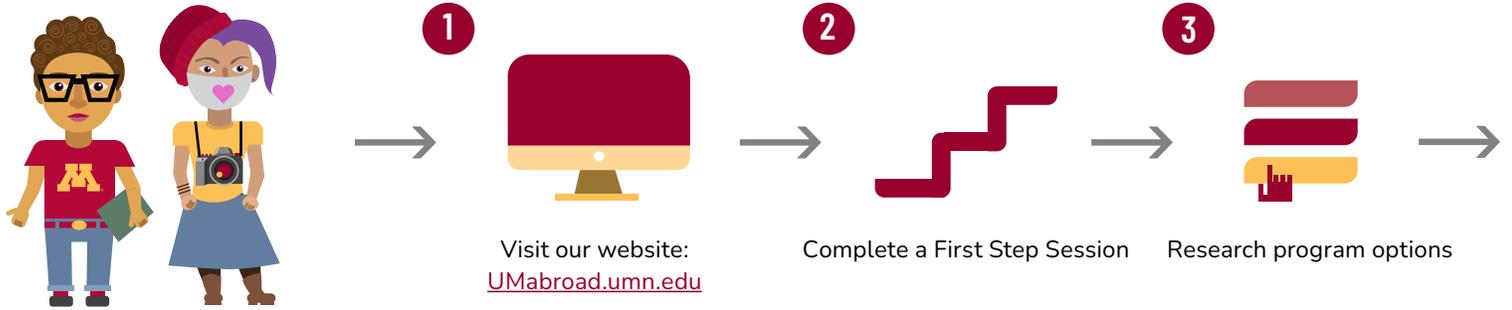


Professionalism



Ability to identify, define, and solve problems

# What's Next?



## LEARNING ABROAD CENTER MISSION STATEMENT

The Learning Abroad Center creates meaningful educational opportunities abroad for students through ethical and innovative engagement within the University of Minnesota and the greater education abroad community.

## UOFM TITLE IX STATEMENT

As required by Title IX, the University does not discriminate on the basis of sex in any of its education programs or activities, including in admissions and employment. Direct inquiries about the application of Title IX to the University's Title IX Coordinators or to the U.S. Department of Education, Office of Civil Rights. See the University of Minnesota's Title IX Statement ([eoaa.umn.edu/resources](http://eoaa.umn.edu/resources)) and the University's policy ([policy.umn.edu/hr/sexharassassault](http://policy.umn.edu/hr/sexharassassault)) for information about (1) how to contact the Title IX Coordinators on the University's campuses; (2) how to report or file a formal complaint of sexual harassment, gender-based harassment, sexual assault, stalking, or relationship violence; and (3) the University's procedures for responding to reports and formal complaints.

## ABOUT THIS VIEWBOOK

The University of Minnesota Learning Abroad viewbook is a publication of the Learning Abroad Center in the Global Programs and Strategy Alliance and is created specifically for University of Minnesota students.

This edition was produced through the collaborative efforts of Ilya Kravchik, Antonia Lortis, Emily Newhall, and numerous other education abroad staff.

All photos and quotations used in the learning abroad viewbook were furnished by study abroad participants or Learning Abroad Center staff. The cover photos were taken in Thailand.

The contents of this viewbook and other University bulletins, publications, or announcements are subject to change without notice. This viewbook was published in fall 2022 for programs beginning winter break 2022–23 and later.



## Learning Abroad Center

The Learning Abroad Center is here to work with you to craft an experience abroad that serves your academic and personal goals. Our experienced staff in the US and abroad are happy to provide you with extensive advising, academic support, and a wide range of program choices. Our many years of expertise combined with our parent office's International Health, Safety, and Compliance team continually coordinate and prioritize your safety and well-being while you're abroad.

We pride ourselves on providing innovative international learning experiences that expand and redefine the world for a diverse population of students, colleagues, and staff. It's our mission to promote empowerment, development, understanding, safety, and ethical responsibility in the global community.

This viewbook is designed to address the diverse needs of students from colleges across the University of Minnesota, and we hope you find it a valuable research tool as you begin to explore the many program options available to you. Best of luck and have a great adventure abroad!



Brook Blahnik and Zach Mohs  
Interim Assistant Deans  
Learning Abroad Center



## Ask an Adviser

Below are some resources to help you take the next step.

### ADVISING SERVICES

- First Step Session
- One-on-one program selection advising
- Financial aid and scholarships
- Advising on non-credit opportunities
- Cultural orientation

### FIRST STEP SESSION

Begin planning your international experience by completing the required First Step Session online. Learn how to research programs, begin academic planning, and explore financial aid and scholarship options.

Schedules are available on our website.

[UMabroad.umn.edu/about/hours](https://UMabroad.umn.edu/about/hours)

### ADVISING AVAILABLE FOR:

- Freshmen through seniors
- International students
- LGBTQIA students
- Parents of students
- Student athletes
- Students of color
- Student veterans
- Students with disabilities
- Transfer students

## LEARNING ABROAD CENTER ADVISING TEAM

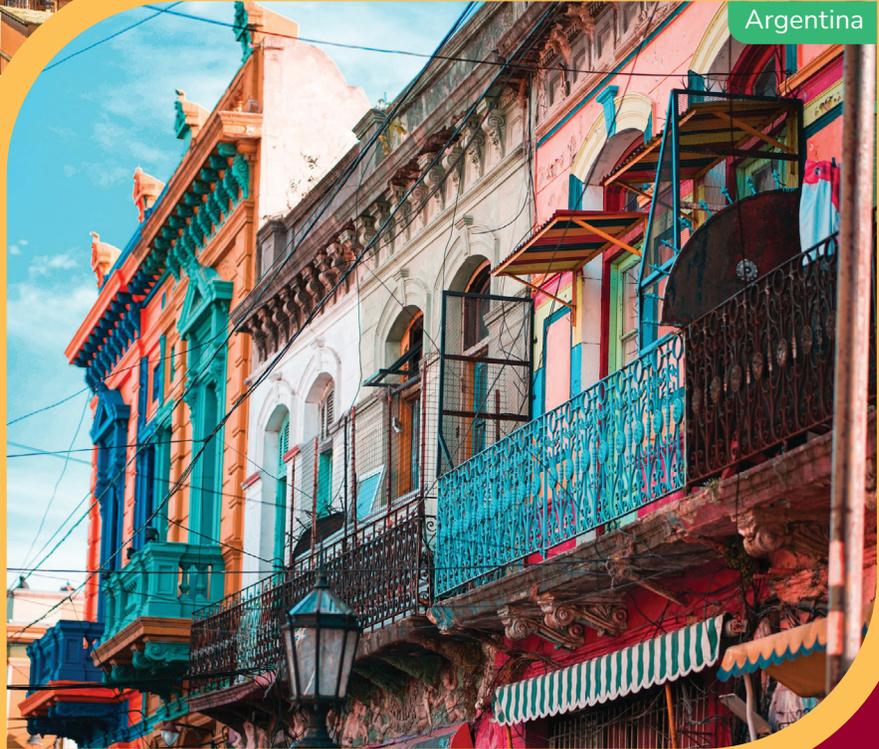


Not pictured: Molly Green, Holly Zimmerman-LeVoit

Italy



Argentina



South Africa



France

