LEARNING ABROAD CENTER
University of Minnesota
Top 10 Destinations

1. Spain
2. Italy
3. United Kingdom
4. Ireland
5. Australia
6. France
7. China
8. Thailand
9. Czechia
10. Taiwan

Virtual Internships

Summer 2020
62 students
10 locations
7 countries
Optimism for Study Abroad

At the Learning Abroad Center, we’ve worked closely over the last year with our on-site staff to establish COVID-19 safety protocols and follow new public health guidelines. In spring 2021, we sent students abroad to Denmark, France, and Spain. Now, as more countries open up to travelers, we’re looking forward to helping you plan your safe, exciting study abroad experience.
Sample Student Experiences

Sophia on Virtual Internship in Quito

“I learned so much about dentistry and the health care system in Ecuador. I formed a mentor relationship with [a person] who’s been a dentist for over 30 years, so it was super helpful talking to him about his path to becoming a dentist. I feel like I made a lifelong friend.”

Junior
Animal Science major
Pre-Dental

Rachel on Study Abroad in Denmark

“Make the most of each day while you’re abroad. Explore as many different places as possible. Try new activities and food you’ve never had before. Put in effort to get to know more people, both students from your program as well as the locals. This way, you will return home with wonderful memories, along with a better understanding of the world.”

Junior
Professional Journalism major
Choose Your Study Abroad Program

There is no one or best way to choose a program, but here are some aspects to consider.

**STEPS TO TAKE**

1. Determine your goals. Consider your academic focus, geographic interests, learning style, personal identity, and career path.
2. Decide how long you want to study abroad. Programs range from ten days to a full academic year.
3. Search for a program. [UMabroad.umn.edu/programs](UMabroad.umn.edu/programs)

**PROGRAM MODEL**

<table>
<thead>
<tr>
<th>Details</th>
<th>Program Model</th>
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</thead>
<tbody>
<tr>
<td>Study Abroad Center</td>
<td>Offers customized classes and internships designed for UofM students studying abroad</td>
</tr>
<tr>
<td>Instructor-Led</td>
<td>Led by UofM faculty or staff; includes Global Seminars, Freshman Seminars Abroad, and Global Campus Partner programs</td>
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<tr>
<td>Host-University Study</td>
<td>Allows integration into classes with students from the host country</td>
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<tr>
<td>Experiential Learning</td>
<td>Features structured academics outside of the classroom, including field research or experiential assignments</td>
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<tr>
<td>Non-Credit</td>
<td>Non-academic and non-credit-bearing program model; includes volunteer and teaching-English programs</td>
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</tbody>
</table>

**Niela on Study & Intern in Florence**

“Definitely the most rewarding part of the internship is when children say the English words we taught them completely independently, and it is amazing how much knowledge they retain.”

Senior

Developmental Psychology major
Keegan on Study & Intern in Buenos Aires

“It was a surprisingly meaningful and transformative experience to immerse myself into Argentine culture. You’ll have the opportunity to learn a lot about intercultural differences and interact substantially with a unique, vivacious culture.”

Senior
Geography major
Spanish minor

Study Abroad by the Numbers

4
Average years to graduation for a UMTC student who studies abroad

180
Number of programs in 50 countries

2,500+
Study abroad courses approved for UofM liberal education requirements

2,104
UofM students who went abroad in 2019–20

1,304
UofM students who met one on one with a Learning Abroad Center adviser
You Can Study Abroad with Any Major

The list below represents Major Advising Pages (MAPs) we have created with partners in each department.

You can find an experience that will add value to your major and minor, fit your academic program, and accelerate your career and professional goals. Your academic adviser can help you determine the best programs and times for you to study abroad. Even if your major is not listed, you can still study abroad.

**CARLSON SCHOOL OF MANAGEMENT**
Business

**COLLEGE OF BIOLOGICAL SCIENCES**
Biological Sciences Coursework Abroad
CBS Pre-Health Students
Marine Biology Minor
Research/Fieldwork Abroad

**COLLEGE OF CONTINUING & PROFESSIONAL STUDIES**
Construction Management
Health and Wellbeing Sciences
Health Services Management
Individualized Degree Programs

**COLLEGE OF DESIGN**
Apparel Design
Architecture—BDA
Architecture—BS
Graphic Design
Interior Design
Landscape Design and Planning
Product Design
Retail Merchandising

**COLLEGE OF EDUCATION & HUMAN DEVELOPMENT**
Business and Marketing Education
Early Childhood Education Foundations
Elementary Education Foundations
Family Social Science

**COLLEGE OF FOOD, AGRICULTURAL, & NATURAL RESOURCE SCIENCES**
Agricultural and Food Business Management
Agricultural Communications and Marketing
Agricultural Education
Animal Science
Applied Economics
Environmental Sciences, Policy, and Management
Fisheries, Wildlife, and Conservation Biology
Food Science
Food Systems
Forest and Natural Resource Management
Nutrition
Plant Science
Pre-Bioproducts and Biosystems Engineering
Sustainable Systems Management

You are welcomed into Senegalese culture through homestays and internship activities, all while a diverse student cohort and the international development curriculum facilitate reflection on problem-solving approaches to interdisciplinary, cross-cultural issues. The MSID Senegal program is an incredibly unique opportunity for learning and personal growth.

Jace on MSID Senegal

"You are welcomed into Senegalese culture through homestays and internship activities, all while a diverse student cohort and the international development curriculum facilitate reflection on problem-solving approaches to interdisciplinary, cross-cultural issues. The MSID Senegal program is an incredibly unique opportunity for learning and personal growth."

Senior
French Studies and Food Systems majors
You Can Earn Academic Credits

Our study abroad programs can help you progress toward graduation.

LIBERAL EDUCATION REQUIREMENTS
Search the U-Credit Abroad database and select from more than 2,500 study abroad courses that have already been pre-approved for liberal education requirements. You can also submit any course not yet evaluated for approval online.

MAJOR/MINOR REQUIREMENTS
Work with your academic adviser before applying for a program to ensure your courses are approved for major/minor requirements.

CREDIT-BEARING INTERNSHIPS
International internships allow you to gain professional experience in your field while earning credits. Many of our programs offer internships.

LANGUAGE REQUIREMENTS
Study abroad does not require foreign language proficiency. However, you can complete second language requirements abroad. Intensive language programs are designed to provide more credit and/or accelerated language learning at beginning and intermediate levels. Advanced language programs help you refine and perfect your language skills.
You Can Afford to Study Abroad

Study abroad can be affordable, especially when you compare program costs and consider financial aid, scholarships, and grants.

**COST COMPARISONS**
Program cost varies widely depending on the program type, length, and destination. But in some cases, the difference between going abroad and staying on campus for a semester is less than $6,000. For a sample cost comparison, see the chart on page 11.

**PROGRAM FEES**
Program fees vary—but typically include tuition, fees, insurance, housing, and some meals. To help calculate your costs, visit the Learning Abroad Center or use our cost of participation sheets and cost breakdowns:

- [UMabroad.umn.edu/students/finances](http://UMabroad.umn.edu/students/finances)

**FINANCIAL AID**
You can apply most of your regular financial aid—federal, state, and university, as well as private loans, grants, and scholarships—to the cost of studying abroad. Your financial aid award will depend on the cost of your program and your eligibility.

**FINANCIAL AID PREVIEW MEETING**
A financial aid counselor can help you review total program costs and your financial aid package before you confirm your spot on a program. To set up a meeting with a counselor who is familiar with study abroad, visit:

- [z.umn.edu/scheduleFApreview](http://z.umn.edu/scheduleFApreview)

**SCHOLARSHIPS & GRANTS**
Many scholarships and grants are available to you, and the Learning Abroad Center is here to help.

Study abroad scholarships from the Learning Abroad Center range from $1,000 to $4,500.

Tips to consider:
- Apply for study abroad-specific scholarships
- Look into scholarships from your college and department, as well as national awards
- Seek out program-specific scholarships and fee reductions

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*Aja on Blending Design & Culture in the United Kingdom*

“If there's one thing you have to do in college, it's to study abroad at least once. It feels like a vacation where you just also happen to be learning and earning credits as well. You form such a strong bond with classmates when you travel with them. This is definitely a priceless experience that you can't pass up.”

Freshman
Undeclared major
"The preparation step is the most important step to make your experience abroad the best. Being well prepared helped me to get familiar with the new environment quicker and make more friends."

Sophomore
Finance & Management Information Systems majors
Strategic Management minor

You Can Afford to Study Abroad

Estimated Costs

This bar chart compares the costs of staying on campus to going abroad (including airfare).

- **On Campus**
  - TOTAL $14,364

- **Abroad**
  - TOTAL $18,915

- **TOTAL $23,405**

- Spring 2021 Undergraduate Resident (UMTC) Semester*
- Spring 2021 Undergraduate Non-Resident (UMTC) Semester*
- Spring 2021 Study & Intern in Toledo*
- Spring 2021 Language & Culture in Southern France*

<table>
<thead>
<tr>
<th>Cost Category</th>
<th>On Campus</th>
<th>Abroad</th>
</tr>
</thead>
<tbody>
<tr>
<td>Tuition and program fee</td>
<td>$5,000</td>
<td>$10,000</td>
</tr>
<tr>
<td>Housing and/or meals</td>
<td>$1,000</td>
<td>$1,000</td>
</tr>
<tr>
<td>Passport/photos/visa/required documents/immunizations</td>
<td>$0</td>
<td>$0</td>
</tr>
<tr>
<td>Extra costs</td>
<td>$8,364</td>
<td>$7,915</td>
</tr>
</tbody>
</table>

*For current fees, visit our website or One Stop onestop.umn.edu/finances/cost-attendance

Khoa on University Study in South Korea

"The preparation step is the most important step to make your experience abroad the best. Being well prepared helped me to get familiar with the new environment quicker and make more friends."

Sophomore
Finance & Management Information Systems majors
Strategic Management minor
Sample Student Experiences

Henerry on Bali: Water & Culture from Rainforests to Reefs

"I learned how to be reflective. I also gained self-confidence in traveling alone and taking on difficult challenges such as trying new foods and activities."

Junior
Youth Studies major
Outdoor Recreation and Education minor

Purity on Health in the Tropics: Humans, Animals, & Ecosystems

"In Panama, I learned to be more open-minded to learning and understanding different cultures."

Freshman
Health Services Management major
Public Health minor
Your Employability & Learning Abroad

Learning abroad is a smart way to differentiate yourself.

**Prepare for your career**

In today’s globalized marketplace, employers seek those who demonstrate exposure to widely diverse people, cultures, ideas, and viewpoints.

- Incorporate learning abroad planning into your advising appointments, career counseling appointments, and faculty visits
- Maximize your study, intern, community engagement, research, or volunteer experience by linking it to your career interests and degree program
- Think about your academic and career goals before, during, and after your experience abroad
- Develop intercultural competencies appealing to potential employers and graduate schools

**Connect your abroad experience to your future**

While you’re abroad, you can take a one-credit intercultural learning course to help position yourself as a competitive member of the global workforce.

In OLPD 3332: Global Identity: Connecting Your International Experience to Your Future, learn how to effectively articulate your study abroad experience to future employers, graduate or professional schools, and scholarship committees.

[UMabroad.umn.edu/students/academics/globalidentity](UMabroad.umn.edu/students/academics/globalidentity)

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**Build Career Skills**

Studying abroad can help you develop these skills sought after by employers.

![Ability to work in a team](Image)

![Effective interpersonal communication](Image)

![Ability to learn new ideas quickly](Image)

![Intercultural fluency](Image)

![Professionalism](Image)

![Ability to identify, define, and solve problems](Image)

Source: University of Minnesota 2020 Employer Survey

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[UMabroad.umn.edu](UMabroad.umn.edu)
LEARNING ABROAD CENTER MISSION STATEMENT

The Learning Abroad Center creates meaningful educational opportunities abroad for students through ethical and innovative engagement within the University of Minnesota and the greater education abroad community.

UOFM TITLE IX STATEMENT

As required by Title IX, the University does not discriminate on the basis of sex in any of its education programs or activities, including in admissions and employment. Direct inquiries about the application of Title IX to the University’s Title IX Coordinators or to the U.S. Department of Education, Office of Civil Rights. See the University of Minnesota’s Title IX Statement (eoaa.umn.edu/resources) and the University’s policy (policy.umn.edu/hr/sexharassassault) for information about (1) how to contact the Title IX Coordinators on the University’s campuses; (2) how to report or file a formal complaint of sexual harassment, gender-based harassment, sexual assault, stalking, or relationship violence; and (3) the University’s procedures for responding to reports and formal complaints.

ABOUT THIS VIEWBOOK

The University of Minnesota Learning Abroad viewbook is a publication of the Learning Abroad Center in the Global Programs and Strategy Alliance and is created specifically for University of Minnesota students.

This edition was produced through the collaborative efforts of Ilya Kravchik, Antonia Lortis, Emily Newhall, and numerous other education abroad staff.

All photos and quotations used in the learning abroad viewbook were furnished by study abroad participants or Learning Abroad Center staff. The cover photos were taken in Ecuador.

The contents of this viewbook and other University bulletins, publications, or announcements are subject to change without notice. This viewbook was published in fall 2021 for programs beginning winter break 2021–22 and later.

What’s Next?

1. Visit our website: UMabroad.umn.edu
2. Complete a First Step Session
3. Research program options

Learning Abroad Center

The Learning Abroad Center, with experienced education abroad staff both in the US and abroad, offers extensive advising, affordable fees, and professional attention to the many details necessary to provide you with an impactful experience. In coordination with our parent office’s International Health, Safety, and Compliance team, we work diligently every day to prioritize your safety and well-being abroad. This viewbook is designed to address the diverse needs of students from colleges across the University of Minnesota.

We are a leader in providing innovative international learning experiences that expand and redefine the world for a diverse population of students, colleagues, and staff. Through collaboration and individual attention, we will continue to promote empowerment, development, understanding, safety, and ethical responsibility in the global community.

We wish you the very best in your upcoming adventure abroad and ask that when you return, you share your experience with us.

Martha Johnson, Assistant Dean
Learning Abroad Center
Ask an Adviser

Below are some resources to help you take the next step.

**Advising Services**
- First Step Session
- One-on-one program selection advising
- Financial aid and scholarships
- Advising on non-credit opportunities
- Cultural orientation

**First Step Session**
Begin planning your international experience by completing the required First Step Session online. Learn how to research programs, begin academic planning, and explore financial aid and scholarship options.

Schedules are available on our website.

[UMabroad.umn.edu/about/hours](UMabroad.umn.edu/about/hours)

**Advising Available For:**
- Freshmen through seniors
- International students
- LGBTQIA students
- Parents of students
- Student athletes
- Students of color
- Student veterans
- Students with disabilities
- Transfer students

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*Learning Abroad Center advising team*

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