# Coaching Students On-Site as they Explore their Future Major and Career Focus

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## **My Story**



University of Minnesota
 Driven to Discover<sup>™</sup>

# Center for Academic Planning & Exploration



#### **Learning Abroad Action Guide**

- In what ways might an off-campus study experience influence your choice of academic major or future career path? WHY?
- What is it about being away for a semester or a year that might, in your opinion, prompt positive changes in you?
- In what ways might an employer value what a student gains from learning abroad?

#### **Exploring Majors MAP**



### Coaching students while on-site

CAPE Coaching philosophy

Asking questions: What can we ask students while they are *on-site* to help them reflect?

#### Other thoughts

- Home institutions offer Skype appointments for major/career exploration
- Develop resources/training for on-site staff related to coaching, major/career exploration

#### Thank you!

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