



FREEDOM AND FLOW COMPANY

PI: Beatriz Crespo Ruiz, PhD.

Internship type: Research

Language: English/Spanish

Location: Correos Labs. C/Sierra de Atapuerca 13, 28050 Madrid

Freedom and Flow Company is a company specializing in data processing (Big Data & Data Science) for strategic decision making within the Health and Corporate Welfare sector, but we also have other areas where we are starting to develop our activity as are the Esport. The main services include: The Observatory for Corporate Health Management, strategic advice to companies and customized solutions. <http://www.freedomandflowcompany.com>

Summary

In our company the student will find a multidisciplinary development and learning opportunity of practical application in the business field. Our business model is Startup, where we work as a team in an agile way to provide health and wellbeing solutions that are efficient and effective on a day-to-day basis.

Methodology

The basis of our work is research on healthy habits. Based on our results we guide companies to improve their interventions aimed at managing the health of their work teams. Therefore, we work from basic databases in Excel and statistical programs such as SPSS, as well as with basic and portable data collection equipment that is easy to transfer to companies.

Activities

Research tasks related to the promotion of occupational health:

- Treatment and analysis of databases, collection of experimental data and writing of research reports.
- Evaluation of research programs oriented to the promotion of occupational health
- Translation into English of research material related to occupational health projects
- Participation in research tasks related to the study of Gamer's brain in Esport

Requirements

Students must have basic knowledge of research, basic skills in the handling of Excel databases, desire to learn and the ability to acquire a multidisciplinary vision on health. Our company is currently immersed in projects with companies with more than 1000 employees, so the student should know that their practice will require a proactive commitment to work within the team. If it coincides with the practice, there may also trips to various companies to collect data with the rest of the team, where the corresponding diet will be paid and, if necessary, also the transportation to the company where the data acquisition will take place. The days of work in company are usually from 09-18h on work days (Monday to Friday). Depending on the company, it may require more or less work days. These sessions will of course be supervised and mentored at the same venue by the internship tutor.