

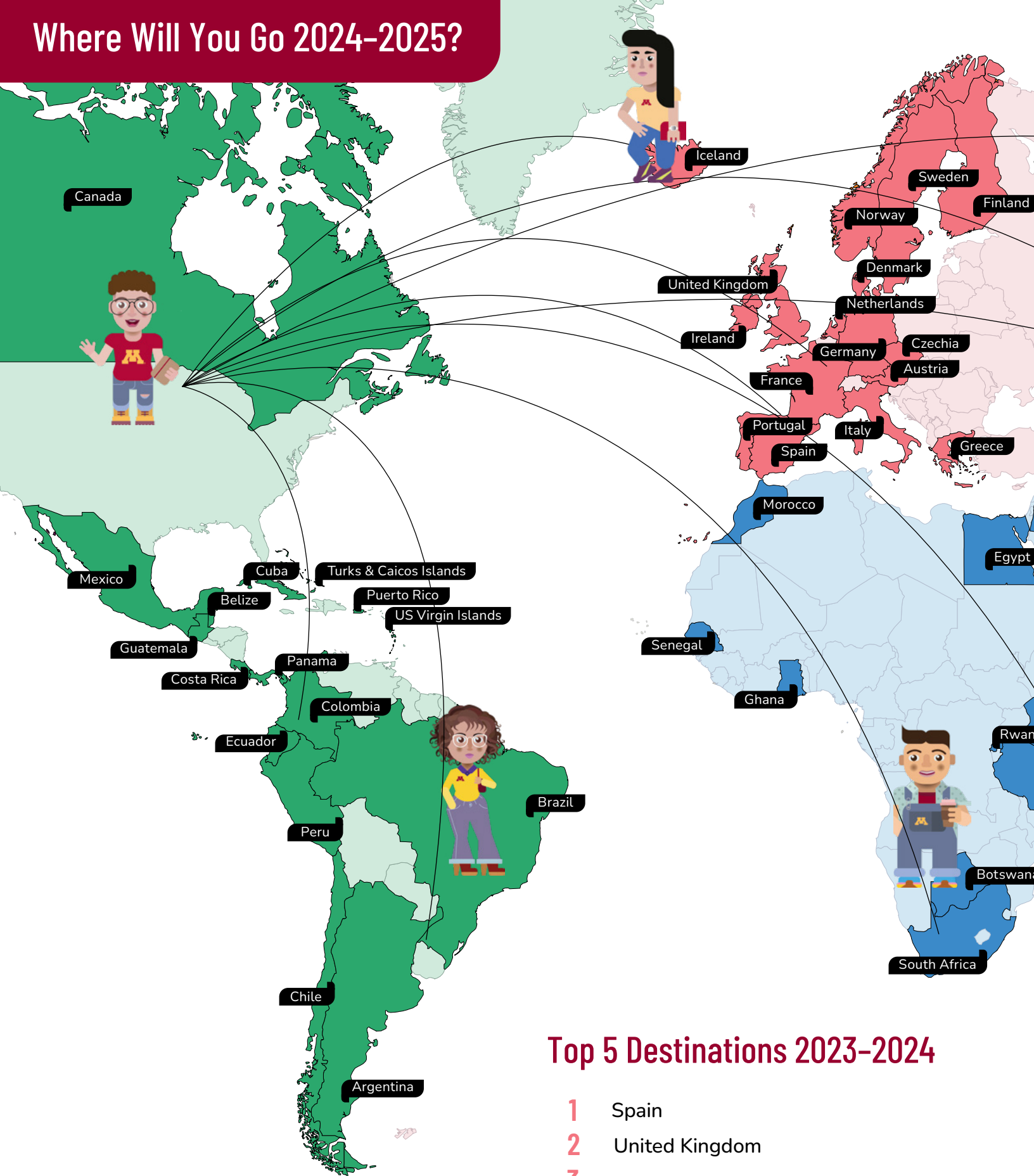
STUDY ABROAD



LEARNING ABROAD CENTER
UNIVERSITY OF MINNESOTA

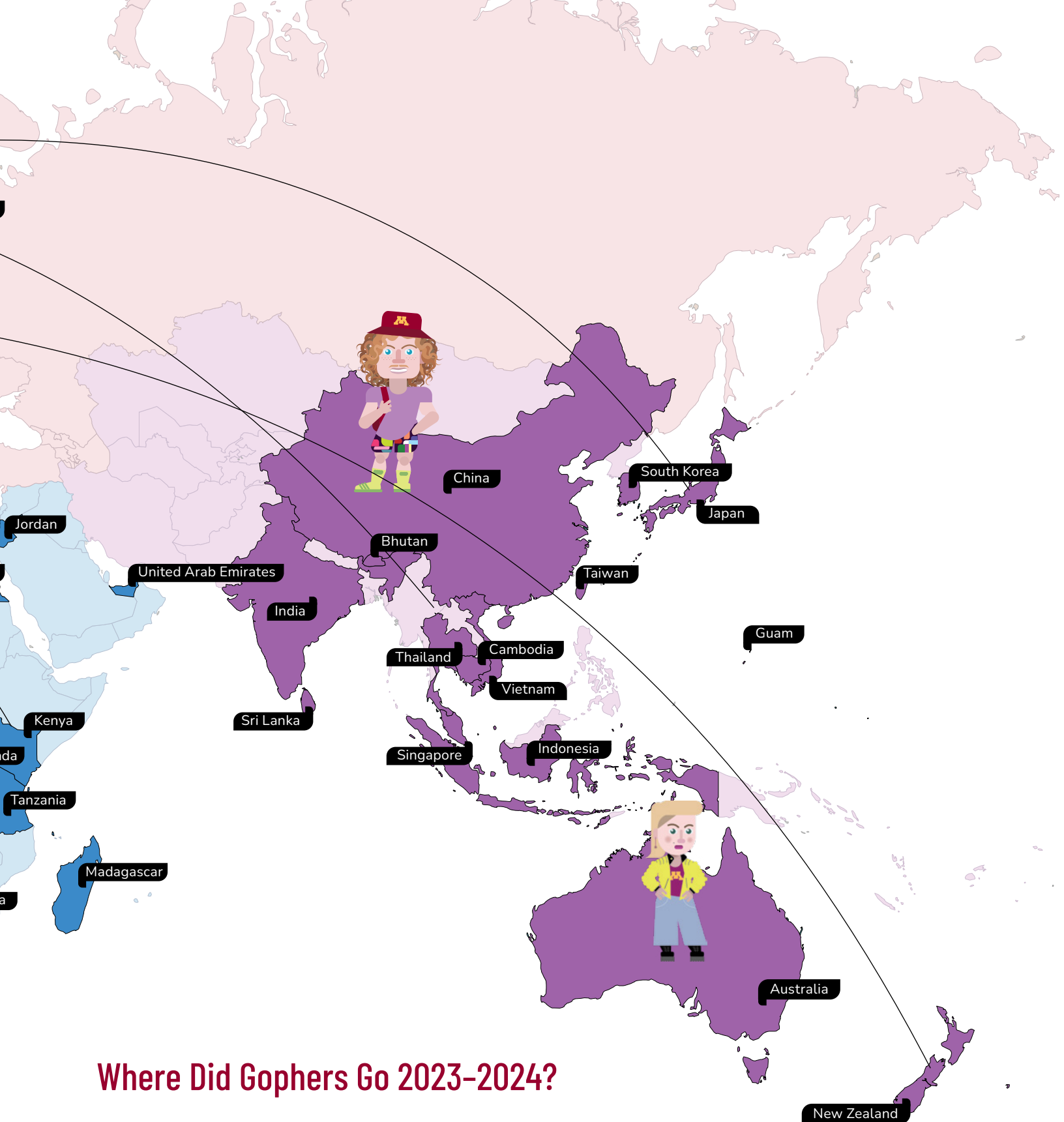


Where Will You Go 2024-2025?

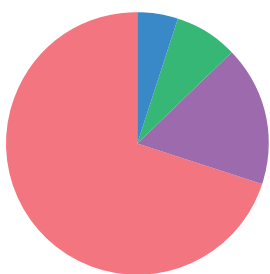


Top 5 Destinations 2023-2024

- 1 Spain
- 2 United Kingdom
- 3 France
- 4 Italy
- 5 South Korea



Where Did Gophers Go 2023-2024?



5% Africa & the Middle East

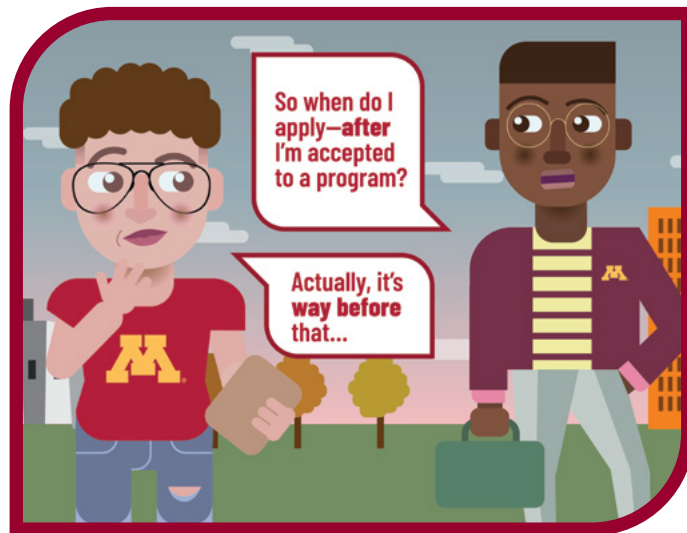
8% Americas

17% Asia & Oceania

70% Europe

Scholarship Tips

Did you know that when you apply early for scholarships, invest time in your application essays, and apply to multiple scholarships, you increase your odds?



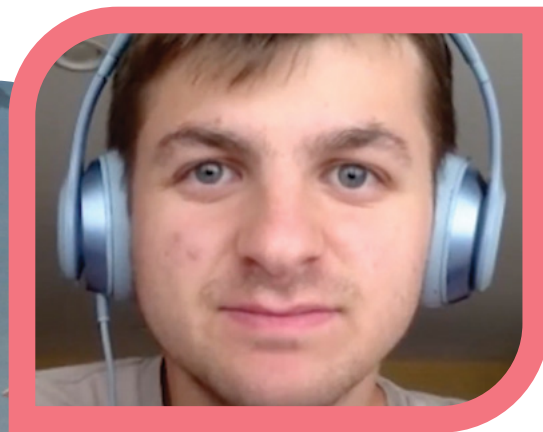
Student Experiences



Samira on Study Abroad in Jordan

I [took] a language pledge, so I was speaking Arabic full time, all the time. From the beginning [to the end], it was a night and day difference...By the end I was having conversations. Even if I didn't know a word, I could ask and the person could explain the word to me in Arabic and I would understand."

Junior
Psychology major



Tom on Sports & Culture in France

"There was just so much support all around, and I really felt like I was doing well. It helped me realize who I am, and experiencing different cultures was very fascinating for sure. I learned I can be independent and do more than I think."

Sophomore
Sports management major

Choose Your Study Abroad Program

There is no one or best way to choose a program, but here are some aspects to consider.

STEPS TO TAKE

- 1 Determine your goals. Consider your academic focus, geographic interests, learning style, personal identity, and career path.
- 2 Decide how long you want to study abroad. Programs range from ten days to a full academic year.
- 3 Search for a program. UMabroad.umn.edu/programs

PROGRAM MODEL

DETAILS



Study Abroad Center

Offers customized classes and internships taken with other US study abroad students designed for UofM students studying abroad



Instructor-Led

Led by UofM faculty or staff; includes Global Seminars, Freshman Seminars Abroad, and programs offered by UofM colleges, departments, and units



Host-University Study

Allows integration into classes with students from the host country



Experiential Learning

Features structured academics outside of the classroom, including field research or experiential assignments



Sophia on Minnesota Studies in International Development—Senegal

"I got to observe some English classes, and it really impacted what I want to do in the future. I've decided I'm going to apply for some English teaching programs in a couple other countries."

Senior
Global studies and linguistics majors



Joey on University Study in New Zealand: University of Otago

"A really cool aspect of my coursework, especially in my political science course, was getting an outside-of-the-US perspective. The professor was from New Zealand and the students were mainly from New Zealand. It's such a different perspective on the world when you're taking classes with local students."

Junior

Political science and philosophy majors

Study Abroad by the Numbers



4

Average years to graduation for a UMTC student who studies abroad



180

Number of programs in 50 countries



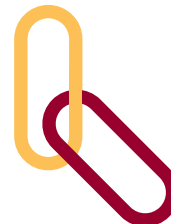
2,000+

Study abroad courses approved for UofM liberal education requirements



1,941

UofM students who went abroad in 2023–24



1,038

UofM students who met one on one with a Learning Abroad Center adviser

You Can Study Abroad with Any Major

The list below represents Major Advising Pages (MAPs) we have created with partners in each department.

UMabroad.umn.edu/students/maps

You can find an experience that will add value to your major and minor, fit your academic program, and accelerate your career and professional goals. Your academic adviser can help you determine the best programs and times for you to study abroad. Even if your major is not listed, you can still study abroad.

CARLSON SCHOOL OF MANAGEMENT

Business

COLLEGE OF BIOLOGICAL SCIENCES

Biological Sciences Coursework Abroad

CBS Pre-Health Students

Marine Biology Minor

Research/Fieldwork Abroad

COLLEGE OF CONTINUING & PROFESSIONAL STUDIES

Construction Management

Health and Wellbeing Sciences

Health Services Management

Individualized Degree Programs

COLLEGE OF DESIGN

Apparel Design

Architecture—BDA

Architecture—BS

Graphic Design

Interior Design

Landscape Architecture

Product Design

Retail Merchandising

COLLEGE OF EDUCATION & HUMAN DEVELOPMENT

Business and Marketing Education

Early Childhood Education Foundations

Elementary Education Foundations

Family Social Science

Human Resource Development

Kinesiology

Special Education

Sport Management

Youth Studies

COLLEGE OF FOOD, AGRICULTURAL, & NATURAL RESOURCE SCIENCES

Agricultural and Food Business Management

Agricultural Communications and Marketing

Agricultural Education

Animal Science

Applied Economics

Environmental Sciences, Policy, and Management

Fisheries, Wildlife, and Conservation Biology

Food Science

Food Systems

Forest and Natural Resource Management

Nutrition

Plant Science

Pre-Bioproducts and Biosystems Engineering

Sustainable Systems Management



COLLEGE OF LIBERAL ARTS

African American and African Studies
American Indian Studies
American Studies
Anthropology
Art
Art History
Asian and Middle Eastern Studies
 Concentration: Chinese, Japanese,
 Korean, and Middle Eastern Studies
Biology, Society, and Environment
Chicano-Latino Studies
Classical and Near Eastern Religions and
 Cultures
Communication Studies
Computer Science
Cultural Studies and Comparative
 Literature and Studies in Cinema and
 Media Culture
Dance
Developmental Psychology
Economics
English
French
Gender, Women, and Sexuality Studies

Geography
German, Nordic, Slavic, and Dutch
Global Studies
History
Individualized Degree Programs
Italian Studies
Jewish Studies
Music
Philosophy
Political Science
Psychology
Religious Studies
Sociology General
Sociology of Law, Criminology, and
 Justice
Spanish and Portuguese
Speech-Language-Hearing Sciences
Statistical Practice/Science
Strategic Communication, Journalism,
 and Mass Communication
Technical Writing and
 Communication
Theatre Arts
Urban Studies

COLLEGE OF SCIENCE & ENGINEERING

Science and Engineering

SCHOOL OF NURSING

Nursing

ADVISING RESOURCES FOR SPECIFIC COHORTS

Honors Students
Leadership Minor Students
Student-Athletes
Students Exploring Majors

INSTITUTE ON THE ENVIRONMENT

Sustainability Studies Minor

PRE-PROFESSIONAL LEARNING ABROAD ADVISING RESOURCES

Pre-Health Sciences
Pre-Law

THE CENTER FOR COMMUNITY-ENGAGED LEARNING

Community-Engaged Scholars Program

You Can Earn Academic Credits

Our study abroad programs can help you progress toward graduation.

LIBERAL EDUCATION REQUIREMENTS

Visit the U-Credit database to browse the many courses that have already been pre-approved for liberal education requirements. You can also submit any course not yet evaluated for approval online.

ucredit.UMabroad.umn.edu

MAJOR/MINOR REQUIREMENTS

Work with your academic adviser while deciding on a program to discuss whether your courses would be approved for major/minor requirements.

UMabroad.umn.edu/students/maps

CREDIT-BEARING INTERNSHIPS

International internships allow you to gain professional experience in your field while earning academic credit. Many of our programs offer internships.

LANGUAGE REQUIREMENTS

Study abroad does not require foreign language proficiency.

However, you can complete second language requirements abroad. Intensive language programs are designed to provide more credit and/or accelerated language learning at beginning and intermediate levels. Advanced language programs help you refine and perfect your language skills, as well as potentially allow you to take content courses taught in the host country language.

You Can Afford to Study Abroad

Study abroad can be affordable, especially when you compare program costs and consider financial aid and scholarships.

COST COMPARISONS

Program cost varies widely depending on the program type, length, and destination. While going abroad does cost more than staying on campus, the Learning Abroad Center offers a number of programs where the cost difference is less than \$2,000. For a sample cost comparison, see the chart on page 11.

PROGRAM FEES

Program fees vary—but typically include tuition, fees, insurance, housing, and some meals. To help calculate your costs, visit the Learning Abroad Center or use our cost of participation sheets and cost breakdowns:

UMabroad.umn.edu/students/finances

FINANCIAL AID

You can apply most of your regular financial aid—federal, state, and university, as well as private loans, grants, and scholarships—to the cost of studying abroad. Your financial aid award will depend on the cost of your program and your eligibility.

FINANCIAL AID PREVIEW MEETING

A financial aid counselor can help you review total program costs and your financial aid package before you confirm your spot on a program. To set up a meeting with a counselor who is familiar with study abroad, visit:

z.umn.edu/scheduleFApreview

SCHOLARSHIPS

Many scholarships are available to you, and the Learning Abroad Center is here to help.

Study abroad scholarships from the Learning Abroad Center range from \$1,000 to \$6,000.

Tips to consider:

- Apply early! You can apply for study abroad scholarships before you've even applied for a program.
- Scholarships are competitive. Be sure you answer all of the essay prompts and carefully proofread your scholarship essays.
- Look into scholarships from your college and department, as well as national awards.
- Seek out program-specific scholarships and fee reductions.



Kee on Minnesota Studies in International Development—Thailand

"I interned at an NGO called Baan Kru Nam Foundation, which works to rescue vulnerable, stateless children from trafficking and exploitation and support them to know their basic rights, obtain an education, and develop life skills. My roles included teaching Thai language, outreaching to target groups, and leading dance and games."

Graduate student
Youth Development Leadership

Stella on Study & Intern in Buenos Aires

"I found Argentine people to be incredibly generous. My walking tour guide invited me to his birthday party. My host mom was always [lending] me things—sweaters, umbrellas, towels. A girl I met in passing, Valentina, offered to show me the city, and ended up welcoming me into her family, friend group, and traditions."

Junior

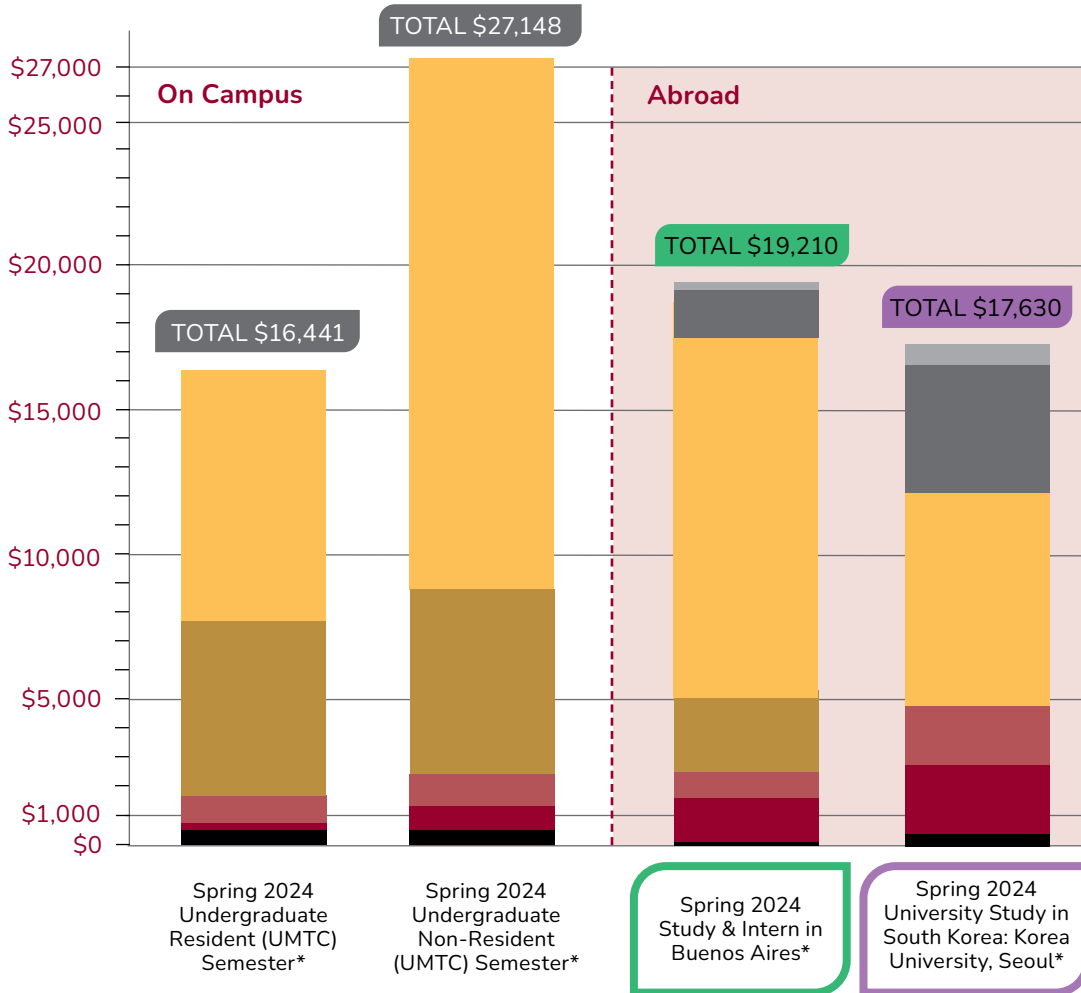
English language and literature major



You Can Afford to Study Abroad

This bar chart compares the estimated costs of staying on campus to going abroad.

UMabroad.umn.edu/students/finances/comparing-costs



- Passport/photos/visa/required documents/immunizations
- Housing and/or meals not included in program fee
- Tuition and program fee
- Housing and/or meals
- Essential daily living expenses
- Air fare to and from program site
- Books and materials

*For current fees, visit our website or One Stop onestop.umn.edu/finances/cost-attendance

Student Experiences



Arlette on University Study in South Korea: Korea University, Seoul

“My parents’ home country, Ecuador, was the only other country I had traveled to, so I had experience traveling abroad alone. When I arrived in South Korea, the humid and hot temperature greeted me. The weather in the summer was warmer than in Minnesota, which was a new experience for me.”

Junior
English major



Maddie on Minnesota Studies in International Development—Ecuador

“The quality time that I was able to spend with my host families was [very meaningful]. We spent a lot of time at the dinner table eating and talking together, and I’m really thankful for everything that they taught me and some things that I was able to share with them.”

Junior
Spanish studies and sociology of law, criminology, and justice majors

Your Employability & Learning Abroad

Learning abroad is a smart way to differentiate yourself.

PREPARE FOR YOUR CAREER

In today's globalized marketplace, employers seek those who demonstrate exposure to widely diverse people, cultures, ideas, and viewpoints.

- Incorporate learning abroad planning into your advising appointments, career counseling appointments, and faculty visits
- Maximize your study, intern, community engagement, research, or volunteer experience by linking it to your career interests and degree program
- Think about your academic and career goals before, during, and after your experience abroad
- Develop intercultural competencies appealing to potential employers and graduate schools

CONNECT YOUR EXPERIENCE ABROAD TO YOUR FUTURE

While you're abroad, you can take a one-credit intercultural learning course to help you reflect on the experience and position yourself as a competitive member of the global workforce.

In OLPD 3332: *Global Identity: Connecting Your International Experience to Your Future*, learn how to effectively articulate your study abroad experience to future employers, graduate or professional schools, and scholarship committees.

UMabroad.umn.edu/students/academics/globalidentity

Build Career Skills

Studying abroad can help you develop these skills sought after by employers.



Ability to work
in a team



Effective
interpersonal
communication



Ability to
learn new
ideas quickly



Intercultural
fluency



Professionalism

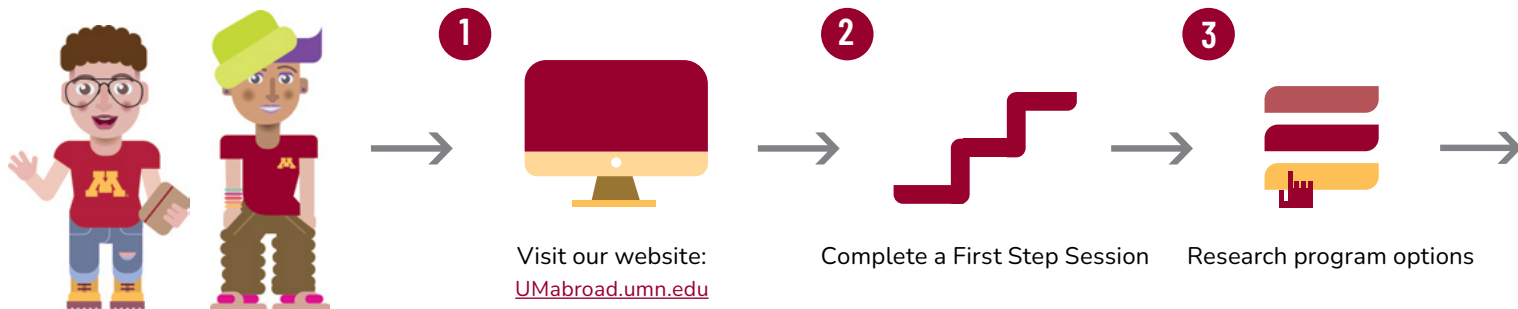


Ability to identify,
define, and
solve problems

Source: University of Minnesota 2020 Employer Survey



What's Next?



LEARNING ABROAD CENTER MISSION STATEMENT

The Learning Abroad Center creates meaningful educational opportunities abroad for students through ethical and innovative engagement within the University of Minnesota and the greater education abroad community.

UOFM TITLE IX STATEMENT

As required by Title IX, the University does not discriminate on the basis of sex in any of its education programs or activities, including in admissions and employment. Direct inquiries about the application of Title IX to the University's Title IX Coordinators or to the U.S. Department of Education, Office of Civil Rights. See the University of Minnesota's Title IX Statement (eoaa.umn.edu/resources) and the University's policy (policy.umn.edu/hr/sexharassassault) for information about (1) how to contact the Title IX Coordinators on the University's campuses; (2) how to report or file a formal complaint of sexual harassment, gender-based harassment, sexual assault, stalking, or relationship violence; and (3) the University's procedures for responding to reports and formal complaints.

ABOUT THIS VIEWBOOK

The University of Minnesota Learning Abroad viewbook is a publication of the Learning Abroad Center in the Global Programs and Strategy Alliance and is created specifically for University of Minnesota students.

This edition was produced through the collaborative efforts of Ilya Kravchik, Antonia Lortis, Emily Newhall, and numerous other education abroad staff.

All photos and quotations used in the learning abroad viewbook were furnished by study abroad participants or Learning Abroad Center staff. The cover photos were taken in South Africa.

The contents of this viewbook and other University bulletins, publications, or announcements are subject to change without notice. This viewbook was published in fall 2024 for programs beginning winter break 2024–25 and later.



Learning Abroad Center

We are happy to help you explore the many options to study abroad. Start with this viewbook, while knowing that the Learning Abroad Center staff is ready to support you all along the way. Perhaps you are questioning the affordability of going abroad or you have some fears about what it will be like to live in a different culture. Talk to us! We can connect you to returned students who had the same concerns and who will share their experiences—and wisdom—with you.

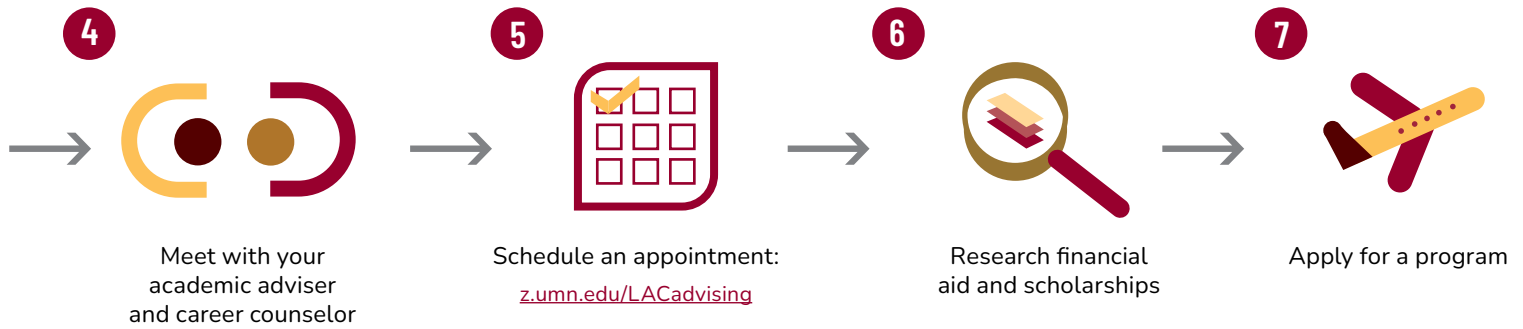
Earning a university degree is both about expanding your mind and acquiring skills for your career. It may seem a contradiction, but the most important skills here in the Digital Age are the transferable ones—things like flexibility, empathy, and communication. Studying abroad is an opportune way to learn more about yourself and recognize your strengths. Students who study abroad are career-ready.

We look forward to meeting you and helping you succeed in studying abroad.



Sincerely,

Ann Hubbard
Assistant Vice Provost, Learning
Abroad
Learning Abroad Center



Ask an Adviser

Take the next step.

ADVISING SERVICES

- First Step Session
- One-on-one program selection advising
- Financial aid and scholarships
- Advising on non-credit opportunities
- Cultural orientation

FIRST STEP SESSION

Begin planning your international experience by completing the required First Step Session online. Learn how to research programs, begin academic planning, and explore financial aid and scholarship options.

Schedules are available on our website.

UMabroad.umn.edu/students/advising

ADVISING RESOURCES AVAILABLE FOR:

- Freshmen through seniors
- International students
- LGBTQIA+ students
- Student athletes
- Students of color
- Student parents
- Student veterans
- Students with disabilities
- Transfer students

- Parents and family members

LEARNING ABROAD CENTER ADVISING TEAM



Not pictured: Anna DeWitt, Thúy Đoàn, Christina Dunbar, Lindsey Lahr, Ryan McCarthy, Jill Reister, Dunia Tesfaye.

Jordan



Ecuador



France



Spain



New Zealand

