Top 3 Destinations 2022-2023

1. Spain
2. United Kingdom
3. Italy

Where Did Gophers Go 2022-2023?

- Europe: 79%
- Americas: 10%
- Asia & Oceania: 10%
- Africa & the Middle East: 1%

Where Will You Go 2023–2024?

- Colombia
- Panama
- Ecuador
- Brazil
- Chile
- Argentina
- Peru
- Costa Rica
- Belize
- Canada
- Puerto Rico
- US Virgin Islands
- Turks & Caicos Islands
Graduate on Time

Did you know that studying abroad doesn’t delay graduation?

Student Experiences

Adam on Study Abroad in Mexico

“I cannot express enough how incredible and quickly the three weeks went by. Having weekend excursions to historical sites and to Mexico City with such a knowledgeable guide (who happens to run the school we attended in Cuernavaca) was fantastic.”

Junior
Chemistry major

Jessica on Study & Intern in Barcelona

“I learned that some of the beautiful experiences in life come from stepping out of my comfort zone. I was able to travel to 9 different countries and experience cultural diversity in the most authentic manner. The memories and experience will forever remain dear to my heart.”

Junior
Strategic communication major
Choose Your Study Abroad Program

There is no one or best way to choose a program, but here are some aspects to consider.

**STEPS TO TAKE**

1. Determine your goals. Consider your academic focus, geographic interests, learning style, personal identity, and career path.
2. Decide how long you want to study abroad. Programs range from ten days to a full academic year.
3. Search for a program. [UMabroad.umn.edu/programs](UMabroad.umn.edu/programs)

**PROGRAM MODEL**

<table>
<thead>
<tr>
<th>Program</th>
<th>Details</th>
<th>Details</th>
</tr>
</thead>
<tbody>
<tr>
<td>Study Abroad Center</td>
<td>Offers customized classes and internships designed for UoM students studying abroad</td>
<td>Led by UoM faculty or staff; includes Global Seminars, Freshman Seminars Abroad, and programs offered by UoM colleges, departments, and units</td>
</tr>
<tr>
<td>Instructor-Led</td>
<td>Alsows integration into classes with students from the host country</td>
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</tr>
<tr>
<td>Host-University Study</td>
<td>Features structured academics outside of the classroom, including field research or experiential assignments</td>
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</tr>
<tr>
<td>Experiential Learning</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**STUDY ABROAD CENTER OFFERS**

- Customized classes and internships designed for UoM students studying abroad
- Instructor-Led programs
- Host-University Study programs
- Experiential Learning programs

**UMabroad by the Numbers**

- Average years to graduation for a UoM student who studies abroad: 4
- Number of programs in 50 countries: 180
- Study abroad courses approved for UoM liberal education requirements: 2,000+
- UoM students who went abroad in 2021–22: 1,467
- UoM students who met one on one with a Learning Abroad Center adviser: 1,168

**I’m Bengali, and most of East End [London] is Bengali, so it’s been so nice to be able to walk down the street and hear Bengali. That is something I’ve never been able to experience in my life. Feeling like I’m almost home, away from home, is something only East London can do.”**

Senior
Health sciences major

**Sara on University Study in the United Kingdom: Queen Mary University of London**

**“The people I interacted with…became nearly family for me. They taught me so much, not only about their culture but also about life, what it means to be human, how to be a good person.”**

Junior
Economics and French majors

**Clara on MSID Senegal**

**Study Abroad by the Numbers**
You Can Study Abroad with Any Major

You can find an experience that will add value to your major and minor, fit your academic program, and accelerate your career and professional goals. Your academic adviser can help you determine the best programs and times for you to study abroad. Even if your major is not listed, you can still study abroad.

CARLSON SCHOOL OF MANAGEMENT
Business

COLLEGE OF BIOLOGICAL SCIENCES
Biological Sciences Coursework Abroad
CBS Pre-Health Students
Marine Biology Minor
Research/Fieldwork Abroad

COLLEGE OF CONTINUING & PROFESSIONAL STUDIES
Construction Management
Health and Wellbeing Sciences
Health Services Management
Individualized Degree Programs

COLLEGE OF DESIGN
Apparel Design
Architecture—BDA
Architecture—BS
Graphic Design
Interior Design
Landscape Architecture
Product Design
Retail Merchandising

COLLEGE OF EDUCATION & HUMAN DEVELOPMENT
Business and Marketing Education
Early Childhood Education Foundations
Elementary Education Foundations
Family Social Science
Human Resource Development
Kinesiology
Special Education
Sport Management
Youth Studies

COLLEGE OF FOOD, AGRICULTURAL, & NATURAL RESOURCE SCIENCES
Agricultural and Food Business Management
Agricultural Communications and Marketing
Agricultural Education
Animal Science
Applied Economics
Environmental Sciences, Policy, and Management
Fishes, Wildlife, and Conservation Biology
Food Science
Food Systems
Forest and Natural Resource Management
Nutrition
Plant Science
Pre-Bioproducts and Biosystems Engineering
Sustainable Systems Management

COLLEGE OF LIBERAL ARTS
African American and African Studies
American Indian Studies
American Studies
Anthropology
Art
Art History
Asian and Middle Eastern Studies
Concentration: Chinese, Japanese, Korean, and Middle Eastern Studies
Biology, Society, and Environment
Chicano-Latino Studies
Classical and Near Eastern Religions and Cultures
Communication Studies
Computer Science
Cultural Studies and Comparative Literature and Studies in Cinema and Media Culture
Dance
Developmental Psychology
Economics
English
French
Gender, Women, and Sexuality Studies
Geography
German, Nordic, Slavic, and Dutch
Global Studies
History
Individualized Degree Programs
Italian Studies
Jewish Studies
Music
Philosophy
Political Science
Psychology
Religious Studies
Sociology General
Sociology of Law, Criminology, and Justice
Spanish and Portuguese
Speech-Language-Hearing Sciences
Statistical Practice/Science
Strategic Communication, Journalism, and Mass Communication
Technical Writing and Communication
Theatre Arts
Urban Studies

COLLEGE OF SCIENCE & ENGINEERING
Science and Engineering

SCHOOL OF NURSING
Nursing

ADVISING RESOURCES FOR SPECIFIC COHORTS
Honors Students
Leadership Minor Students
Student-Athletes
Students Exploring Majors

INSTITUTE ON THE ENVIRONMENT
Sustainability Studies Minor

PRE-PROFESSIONAL LEARNING ABROAD ADVISING RESOURCES
Medicine, Public Health, and Health Sciences
Pre-Law

THE CENTER FOR COMMUNITY-ENGAGED LEARNING
Community-Engaged Scholars Program

You Can Earn Academic Credits

Our study abroad programs can help you progress toward graduation.

LIBERAL EDUCATION REQUIREMENTS
Visit the U-Credit database to browse the many courses that have already been pre-approved for liberal education requirements. You can also submit any course not yet evaluated for approval online.

MAJOR/MINOR REQUIREMENTS
Work with your academic adviser before applying for a program to ensure your courses are approved for major/minor requirements.

LANGUAGE REQUIREMENTS
Study abroad does not require foreign language proficiency.

However, you can complete second language requirements abroad. Intensive language programs are designed to provide more credit and/or accelerated language learning at beginning and intermediate levels. Advanced language programs help you refine and perfect your language skills.

UMabroad.umn.edu/students/maps
ucredit.UMabroad.umn.edu

You Can Study Abroad with Any Major

The list below represents Major Advising Pages (MAPs) we have created with partners in each department.
You Can Afford to Study Abroad
Study abroad can be affordable, especially when you compare program costs and consider financial aid and scholarships.

COST COMPARISONS
Program costs vary widely depending on the program type, length, and destination. But in some cases, the difference between going abroad and staying on campus for a semester is less than $6,000. For a sample cost comparison, see the chart on page 11.

PROGRAM FEES
Program fees vary—but typically include tuition, fees, insurance, housing, and some meals. To help calculate your costs, visit the Learning Abroad Center or use our cost of participation sheets and cost breakdowns.

FINANCIAL AID
You can apply most of your regular financial aid—federal, state, and university, as well as private loans, grants, and scholarships—to the cost of studying abroad. Your financial aid award will depend on the cost of your program and your eligibility.

FINANCIAL AID PREVIEW MEETING
A financial aid counselor can help you review total program costs and your financial aid package before you confirm your spot on a program. To set up a meeting with a counselor who is familiar with study abroad, visit:

z.umn.edu/scheduleFApreview

SCHOLARSHIPS
Many scholarships are available to you, and the Learning Abroad Center is here to help.

Study abroad scholarships from the Learning Abroad Center range from $1,000 to $4,500.

Tips to consider:
• Apply early! You can apply for study abroad scholarships before you’ve been admitted to a program or even applied to one.
• Look into scholarships from your college and department, as well as national awards.
• Seek out program-specific scholarships and fee reductions.

You Can Afford to Study Abroad
This bar chart compares the estimated costs of staying on campus to going abroad (including airfare).

Yusra on Minnesota Studies in International Development—Thailand
“I chose to intern at Saraphi Hospital in the Thai Traditional Medicine Unit so that I could learn more about holistic healing. A typical day consists of observing 10–15 patients, learning how to perform Thai traditional massage and practicing it, and planning or leading community outreach programs.”

Senior
Health sciences major

Andrew on Study & Intern in London
“I chose the London program because it came with an internship, and I really wanted to get that experience into my time here at the University of Minnesota. I’m a marketing and production intern at Live Canon, a nonprofit organization that does poetry publishing and live theatre production.”

Sophomore
Marketing major

UMabroad.umn.edu/students/finances

z.umn.edu/scheduleFApreview

UMabroad.umn.edu
Build Career Skills

Your Employability & Learning Abroad

Learning abroad is a smart way to differentiate yourself.

PREPARE FOR YOUR CAREER
In today’s globalized marketplace, employers seek those who demonstrate exposure to widely diverse people, cultures, ideas, and viewpoints.

• Incorporate learning abroad planning into your advising appointments, career counseling appointments, and faculty visits
• Maximize your study, intern, community engagement, research, or volunteer experience by linking it to your career interests and degree program
• Think about your academic and career goals before, during, and after your experience abroad
• Develop intercultural competencies appealing to potential employers and graduate schools

CONNECT YOUR ABDROID EXPERIENCE TO YOUR FUTURE
While you’re abroad, you can take a one-credit intercultural learning course to help position yourself as a competitive member of the global workforce.

In OLPD 3332: Global Identity: Connecting Your International Experience to Your Future, learn how to effectively articulate your study abroad experience to future employers, graduate or professional schools, and scholarship committees.

Studying abroad can help you develop these skills sought after by employers.

Ability to work in a team
Effective interpersonal communication
Ability to learn new ideas quickly
Intercultural fluency
Professionalism
Ability to identify, define, and solve problems

Source: University of Minnesota 2020 Employer Survey

Student Experiences

Joe on University Study in Australia: University of Sydney

“Australia has opened my eyes to what a global perspective has to offer, all while providing a wonderful study abroad experience to complete my CSE degree in chemistry and CBS minor in biology! I’ve met lifelong friends from across the globe who have helped me discover unique experiences.”

Senior
Chemistry major
Biology minor

Hope on MSID Senegal

“During the internship phase of the program, I moved to Gorée island. My Gorée host family immediately made me feel at home, giving me a Senegalese name and introducing me to everyone as their new American daughter. I truly feel like I have a family halfway around the world.”

Junior
Environmental sciences, policy and management, and French studies majors

UMabroad.umn.edu/OLPD3332
UMabroad.umn.edu/students/academics/globalidentity
UMabroad.umn.edu/students/academics/globalidentity
LEARNING ABROAD CENTER MISSION STATEMENT
The Learning Abroad Center creates meaningful educational opportunities abroad for students through ethical and innovative engagement within the University of Minnesota and the greater education abroad community.

UOFM TITLE IX STATEMENT
As required by Title IX, the University does not discriminate on the basis of sex in any of its education programs or activities, including in admissions and employment. Direct inquiries about the application of Title IX to the University’s Title IX Coordinators or to the U.S. Department of Education, Office of Civil Rights. See the University of Minnesota’s Title IX Statement (eoaa.umn.edu/resources) and the University’s policy (policy.umn.edu/hr/sexharassassault) for information about (1) how to contact the Title IX Coordinators on the University’s campuses; (2) how to report or file a formal complaint of sexual harassment, gender-based harassment, sexual assault, stalking, or relationship violence; and (3) the University’s procedures for responding to reports and formal complaints.

Congratulations on your curiosity in exploring the world of opportunities available to you through the Learning Abroad Center. Studying or interning abroad is an experience that can open your eyes in many ways; not only will you learn about another culture or global issue and make new friends, but you’ll also learn more about yourself and your own culture.

One of the top regrets, particularly among American college graduates, is not studying abroad in college (according to The Power of Regret: How Looking Backward Moves Us Forward, Feb. 2022). The Learning Abroad Center’s mission is to provide a multitude of outstanding program options, provide guidance in selecting the one that meets your goals, and support you through the entire experience.

We pride ourselves on providing experiences that expand the minds of students while helping them to build their intercultural competence, develop their career path, and acquire life skills. Students who have returned from abroad will tell you that it helped them develop key skills that employers seek.

We look forward to meeting you and wish you a great adventure ahead.

Sincerely,
Ann Hubbard
Assistant Dean, Learning Abroad
Learning Abroad Center

LEARNING ABROAD CENTER ADVISING TEAM
Not pictured: Anna DeWitt, Tim Dohmen, Ann Hubbard, Lindsey Lahr, Kate Meyer, Vanessa Walton

Ask an Adviser
Take the next step.

FIRST STEP SESSION
Begin planning your international experience by completing the required First Step Session online. Learn how to research programs, begin academic planning, and explore financial aid and scholarship options.

Schedules are available on our website.

ADVISING SERVICES
- First Step Session
- One-on-one program selection advising
- Financial aid and scholarships
- Advising on non-credit opportunities
- Cultural orientation

ADVISING AVAILABLE FOR:
- Freshmen through seniors
- International students
- LGBTQIA students
- Parents of students
- Student athletes
- Students of color
- Student veterans
- Students with disabilities
- Transfer students

Learning Abroad Center
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Ann Hubbard
Assistant Dean, Learning Abroad
Learning Abroad Center

About this Viewbook
The University of Minnesota Learning Abroad viewbook is a publication of the Learning Abroad Center in the Global Programs and Strategy Alliance and is created specifically for University of Minnesota students.

This edition was produced through the collaborative efforts of Ilya Kravchik, Antonia Lortis, Emily Newhall, and numerous other education abroad staff.

All photos and quotations used in the learning abroad viewbook were furnished by study abroad participants or Learning Abroad Center staff. The cover photo was taken in Spain.

The contents of this viewbook and other University bulletins, publications, or announcements are subject to change without notice. This viewbook was published in fall 2023 for programs beginning winter break 2023–24 and later.

UMabroad.umn.edu