Where Do Gophers Go?

- Americas: 55%
- Asia & Oceania: 17%
- Europe: 24%
- Africa & the Middle East: 4%
Top 10 Destinations

1. Spain
2. Italy
3. United Kingdom
4. Ireland
5. China
6. Australia
7. Denmark
8. Germany
9. Argentina
10. France
Prioritizing Your Health & Safety

This spring, summer, and fall, most of us remained home rather than traveling or studying abroad.

When travel begins again, know that your safe, successful study abroad experience is the Learning Abroad Center’s priority. We’re a leader in health and safety committed to supporting you from pre-departure to on site to return, this semester and in the future.
Sample Student Experiences

Nina on Study & Intern in Barcelona

“Studying abroad allows for you to be immersed in a different culture every week, an experience I don’t believe you can receive anywhere else.”

Junior
Accounting and Human Resources
and Industrial Relations majors

Rachel on Study Abroad in Denmark

“Make the most of each day while you’re abroad. Explore as many different places as possible. Try new activities and food you’ve never had before. Put in effort to get to know more people, both students from your program as well as the locals. This way, you will return home with wonderful memories, along with a better understanding of the world.”

Junior
Professional Journalism major
Choose Your Study Abroad Program

There is no one way to choose a program, but here are some aspects to consider.

**STEPS TO TAKE**

1. Determine your goals. Consider your academic focus, geographic interests, learning style, personal identity, and career path.
2. Decide how long you want to study abroad. Programs range from ten days to a full academic year.
3. Search for a program. [UMabroad.umn.edu/programs](UMabroad.umn.edu/programs)

**PROGRAM MODEL DETAILS**

<table>
<thead>
<tr>
<th>Study Abroad Center</th>
<th>Offers customized classes and internships designed for US students or other non-native students studying abroad</th>
</tr>
</thead>
<tbody>
<tr>
<td>Instructor-Led</td>
<td>Led by UofM faculty and staff; includes Global Seminars, Freshman Seminars Abroad, and Global Campus Partner programs</td>
</tr>
<tr>
<td>Host-University Study</td>
<td>Allows integration into classes with students from the host country</td>
</tr>
<tr>
<td>Experiential Learning</td>
<td>Features structured academics outside of the classroom, including field research or experiential assignments</td>
</tr>
<tr>
<td>Non-Credit</td>
<td>Non-academic and non-credit-bearing program model; includes intern, volunteer, and teaching-English programs</td>
</tr>
</tbody>
</table>

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**Niela on Study & Intern in Florence**

“Definitely the most rewarding part of the internship is when children say the English words we taught them completely independently, and it is amazing how much knowledge they retain.”

Senior
Developmental Psychology major
Keegan on Study & Intern in Buenos Aires

“IT was a surprisingly meaningful and transformative experience to immerse myself into Argentine culture. You’ll have the opportunity to learn a lot about intercultural differences and interact substantially with a unique, vivacious culture.”

Senior
Geography major
Spanish minor

Study Abroad by the Numbers

- **4**
  Average years to graduation for a UMTC student who studies abroad

- **200+**
  Number of programs in 60 countries

- **3,000+**
  Study abroad courses approved for UofM liberal education requirements

- **3,509**
  UofM students who went abroad in 2018–19

- **1,500+**
  UofM students who met one-on-one with an LAC adviser
You Can Study Abroad with Any Major

The list below represents Major Advising Pages (MAPs) we have created with partners in each department.

You can find an experience that will add value to your major and minor, fit your academic program, and accelerate your career and professional goals. Your academic adviser can help you determine the best programs and times for you to study abroad. Even if your major is not listed, you can still study abroad.

CARLSON SCHOOL OF MANAGEMENT
Business

COLLEGE OF BIOLOGICAL SCIENCES
Biological Sciences Coursework Abroad
CBS Pre-Health Students
Marine Biology Minor
Research/Fieldwork Abroad

COLLEGE OF CONTINUING & PROFESSIONAL STUDIES
Construction Management
Health Services Management
Individualized Degree Programs

COLLEGE OF DESIGN
Apparel Design
Architecture—BDA
Architecture—BS
Graphic Design
Interior Design
Landscape Design and Planning
Product Design
Retail Merchandising

COLLEGE OF EDUCATION & HUMAN DEVELOPMENT
Business and Marketing Education
Early Childhood Education Foundations
Elementary Education Foundations
Family Social Science
Human Resource Development
Kinesiology
Recreation Administration
Special Education
Sport Management
Youth Studies

COLLEGE OF FOOD, AGRICULTURAL, & NATURAL RESOURCE SCIENCES
Agricultural Communications and Marketing
Agricultural Education
Animal Science
Applied Economics
Environmental Sciences, Policy, and Management
Fisheries, Wildlife, and Conservation Biology
Food Science
Forest and Natural Resource Management
Nutrition
Plant Science
Pre-Bioproducts and Biosystems Engineering
Sustainable Systems Management

COLLEGE OF LIBERAL ARTS
African American and African Studies
American Indian Studies
American Studies
Anthropology
Art

UMabroad.umn.edu/students/maps

Jace on MSID Senegal

“You are welcomed into Senegalese culture through homestays and internship activities, all while a diverse student cohort and the international development curriculum facilitate reflection on problem-solving approaches to interdisciplinary, cross-cultural issues. The MSID Senegal program is an incredibly unique opportunity for learning and personal growth.”

Senior
French Studies and Food Systems majors
You Can Earn Academic Credits

Our study abroad programs can help you progress toward graduation.

LIBERAL EDUCATION REQUIREMENTS
Search the U-Credit Abroad database and select from more than 3,000 study abroad courses that have already been pre-approved for liberal education requirements. You can also submit any course not yet evaluated for approval online.

MAJOR/MINOR REQUIREMENTS
Work with your academic adviser before applying for a program to ensure your courses are approved for major/minor requirements.

LANGUAGE REQUIREMENTS
Study abroad does not require foreign language proficiency. However, you can complete second language requirements abroad. Intensive language programs are designed to provide more credit and/or accelerated language learning at beginning and intermediate levels. Advanced language programs help you refine and perfect your language skills.

CREDIT-BEARING INTERNSHIPS
International internships allow you to gain professional experience in your field while earning credits. Many of our programs offer internships.

ADVISING RESOURCES FOR SPECIFIC COHORTS
- Honors Students
- Leadership Minor Students
- Student-Athletes
- Students Exploring Majors

INSTITUTE ON THE ENVIRONMENT
- Sustainability Studies Minor

PRE-PROFESSIONAL LEARNING ABROAD ADVISING RESOURCES
- Medicine, Public Health, and Health Sciences Pre-Law
- THE CENTER FOR COMMUNITY-ENGAGED LEARNING
- Community-Engaged Scholars Program
SCHOLARSHIPS & GRANTS
Many scholarships and grants are available to you, and the Learning Abroad Center is here to help.

Study abroad scholarships from the Learning Abroad Center range from $1,000 to $4,500.

Tips to consider:

• Apply for study abroad-specific scholarships
• Look into scholarships from your college and department, as well as national awards
• Seek out program-specific scholarships and fee reductions

COST COMPARISONS
Program cost varies widely depending on the program type, length, and destination. But in some cases, the difference between going abroad and staying on campus for a semester is less than $6,000. For a sample cost comparison, see the chart on page 11.

PROGRAM FEES
Program fees vary—but typically include tuition, fees, insurance, housing, and some meals. To help calculate your costs, visit the Learning Abroad Center or use our cost of participation sheets and cost breakdowns:

UMabroad.umn.edu/students/finances

FINANCIAL AID
You can apply most of your regular financial aid—federal, state, and university, as well as private loans, grants, and scholarships—to the cost of studying abroad. Your financial aid award will depend on the cost of your program and your eligibility.

FINANCIAL AID PREVIEW MEETING
A financial aid counselor can help you review total program costs and your financial aid package before you confirm your spot on a program. To set up a meeting with a counselor who is familiar with study abroad, visit:

z.umn.edu/scheduleFAPreview

Scholarships & Grants
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You Can Afford to Study Abroad
Study abroad can be affordable, especially when you compare program costs and consider financial aid, scholarships, and grants.

Aja on Blending Design & Culture in the United Kingdom

“If there’s one thing you have to do in college, it’s to study abroad at least once. It feels like a vacation where you just also happen to be learning and earning credits as well. You form such a strong bond with classmates when you travel with them. This is definitely a priceless experience that you can’t pass up.”

Freshman
Undeclared major
Khoa on University Study in South Korea

“The preparation step is the most important step to make your experience abroad the best. Being well prepared helped me to get familiar with the new environment quicker and make more friends.”

Sophomore
Finance & Management Information Systems major
Strategic Management minor

You Can Afford to Study Abroad

Estimated Costs

This bar chart compares the costs of staying on campus to going abroad (including airfare).

- On Campus: Spring 2019 Undergraduate Resident (UMTC) Semester* - TOTAL $14,411
- Abroad:
  - Spring 2019 Undergraduate Non-Resident (UMTC) Semester* - TOTAL $18,150
  - Spring 2019 Study & Intern in Buenos Aires* - TOTAL $23,415
  - Spring 2019 Language & Culture in Southern France* - TOTAL $24,310

*For current fees, visit our website or One Stop onestop.umn.edu/finances/cost-attendance
Sample Student Experiences

Henerry on Bali: Water & Culture from Rainforests to Reefs

"I learned how to be reflective. I also gained self-confidence in traveling alone and taking on difficult challenges such as trying new foods and activities.”

Junior
Youth Studies major
Outdoor Recreation and Education minor

Purity on Health in the Tropics: Humans, Animals, & Ecosystems

"In Panama, I learned to be more open-minded to learning and understanding different cultures.”

Freshman
Health Services Management major
Public Health minor
Your Employability & Learning Abroad

Learning abroad is a smart way to differentiate yourself.

PREPARE FOR YOUR CAREER

In today’s globalized marketplace, employers seek those who demonstrate exposure to widely diverse people, cultures, ideas, and viewpoints.

• Incorporate learning abroad planning into your advising appointments, career counseling appointments, and faculty visits
• Maximize your study, intern, community engagement, research, or volunteer experience by linking it to your career interests and degree program
• Think about your academic and career goals before, during, and after your experience abroad
• Develop intercultural competencies appealing to potential employers and graduate schools

CONNECT YOUR ABROAD EXPERIENCE TO YOUR FUTURE

While you are abroad, you can take a one-credit course to help position yourself as a competitive member of the global workforce.

In OLPD 3330: Global Identity: Connecting Your International Experience to Your Future, learn how to effectively articulate your study abroad experience to future employers, graduate or professional schools, and scholarship committees.

Build Career Skills

Studying abroad can help you develop these skills sought after by employers.

- Ability to work in a team
- Effective interpersonal communication
- Ability to learn new ideas quickly
- Ability to embrace differences
- Professionalism
- Ability to identify, define, and solve problems

Source: University of Minnesota 2018 Employer Survey

UMabroad.umn.edu/students/academics/globalidentity
LEARNING ABROAD CENTER
MISSION STATEMENT
The Learning Abroad Center creates meaningful educational opportunities abroad for students through ethical and innovative engagement within the University of Minnesota and the greater education abroad community.

ABOUT THIS VIEWBOOK
The University of Minnesota Learning Abroad viewbook is a publication of the Learning Abroad Center in the Global Programs and Strategy Alliance and is created specifically for University of Minnesota students.

This edition was produced through the collaborative efforts of Ilya Kravchik, Antonia Lortis, Emily Newhall, and numerous other education abroad staff.

All photos and quotations used in the learning abroad viewbook were furnished by study abroad participants or Learning Abroad Center staff. The cover photos were taken in France.

The contents of this viewbook and other University bulletins, publications, or announcements are subject to change without notice. This viewbook was published in fall 2020 for programs beginning winter break 2020–21 and later.

Learning Abroad Center
The Learning Abroad Center, with experienced education abroad staff both in the US and abroad, offers extensive advising, affordable fees, and professional attention to the many details necessary to provide you with an impactful experience. In coordination with our parent office’s International Health, Safety, and Compliance team, we work diligently every day to prioritize your safety and well-being abroad. This viewbook is designed to address the diverse needs of students from colleges across the University of Minnesota.

We are a leader in providing innovative international learning experiences that expand and redefine the world for a diverse population of students, colleagues, and staff. Through collaboration and individual attention, we will continue to promote empowerment, development, understanding, safety, and ethical responsibility in the global community.

We wish you the very best in your upcoming adventure abroad and ask that when you return, you share your experience with us.

Martha Johnson, Assistant Dean
Learning Abroad Center
Ask an Adviser

Below are some resources to help you take the next step.

**ADVISING SERVICES**
- First Step Session
- One-on-one program selection advising
- Financial aid and scholarships
- Advising on non-credit opportunities
- Cultural orientation

**FIRST STEP SESSION**
Begin planning your international experience by completing the required First Step Session online. Learn how to research programs, begin academic planning, and explore financial aid and scholarship options.

Schedules are available on our website.

**UMabroad.umn.edu/about/advising**

**ADVISING AVAILABLE FOR:**
- Freshmen through seniors
- Graduate students
- International students
- LGBTQIA students
- Parents of students
- Student athletes
- Students of color
- Student veterans
- Students with disabilities
- Transfer students

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Meet with your academic adviser and career counselor

Schedule an appointment:
z.umn.edu/LACadvising or 612.626.9000

Research financial aid and scholarships

Apply for a program

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Learning Abroad Center advising team
Get Started

1. Complete a First Step:
   z.umn.edu/firststep

2. Explore programs:
   UMabroad.umn.edu/programs

3. Schedule a Program Selection Advising Appointment:
   z.umn.edu/lacadvising

Learning abroad is a smart way to differentiate yourself in today’s globalized marketplace.

Students who study abroad take an average of four years to graduate.

Programs in more than 60 countries offer courses in a variety of majors.

Financial aid and scholarships are available.

Visit UMabroad.umn.edu/about/hours for current virtual and in-person advising schedules and resources.