

SINEWS MULTILINGUAL THERAPY INSTITUTE

Director/Founder: Orlanda Varela, PhD, Psychologist

Internship type: Psychological Attention/Psychotherapy

Internship Language: English

Location: Calle de Zurbano, 34, Madrid

<https://www.sinews.es/en/>

Summary

At SINEWS, we understand the importance of language in any therapeutic process: one needs to be able to express him/herself freely and to feel understood. That's why our multidisciplinary team (psychologists, a neurologist and a psychiatrist) of native professionals offers services in several languages. Most of our clients don't need to take medication. However, when it is necessary, the psychotherapist will keep the medical team up to date on the client's progress. Working together closely ensures shorter treatment periods and optimal regulation of medication.

SINEWS therapists have experienced what it's like to live in a foreign country and to be part of a mixed marriage. Thus, our Cultural Adaptation therapy is focused on helping patients with the integration process. We offer adult, couple and child/adolescent therapies, as well as psychiatric care and neurology in English. Services range from psychological evaluation and treatment of behavioral, emotional, and developmental problems, to psychoeducational testing.

Activities

Depending on their knowledge, curiosity and time dedication, students will have the opportunity to learn about, observe and/or participate in different activities of our center, shadowing, analysis and discussion about different clinical cases.

Requirements

Students should be at the third year and have passed all the introductory psychology courses.