All Learning Abroad Center programs are specifically designed to ensure that you will:

- Expand your knowledge through multiple academic perspectives
- Gain awareness and appreciation of your host culture and deepen awareness of your own culture
- Identify and communicate the impact of your experience abroad personally, academically, and professionally
- Become more self-reliant and self-aware
- Navigate differences more effectively

“During my year with MSID I learned a lot about Senegal, development, public health, French, and Wolof—but even more importantly, I learned a lot about myself. Through the challenges and successes of fitting in with my host families and new communities, I discovered a lot about my own strengths and weaknesses and grew a lot as a person. A huge strength of the MSID program is how all of the curriculum and activities, inside and outside the classroom, worked together to help me learn a lot about myself, the world, and my place in it.”

—John
One of the nice sides of working with students here in France is that I see them evolve from being so centered on their own culture to opening up to the world. While it is true that we go through their growing pains, and that is sometimes a challenge, it is wonderful to see the students mature and realize that there are other ways to see life.

–Françoise Chaton
Resident Director
Language & Culture in Southern France
Delve into firsthand learning in Kenya, a country of abundant wildlife, dramatic landscapes, and a highly diverse culture. Take classes and choose whether to intern with a local NGO or conduct research to address complex issues of Kenyan people and their communities. During this academically challenging and personally enriching experience, your host family will help you explore a wide variety of perspectives with Kenya as a case study.

This program combines coursework with hands-on experience in an internship or research project. Explore the complex nature of international development and intercultural understanding through daily contact with communities and their people.

You will enroll in the following classes: International Development; Historical & Political Context of Kenya; Beginning, Intermediate, or Advanced Swahili Language; and Internship in Kenya or Research in Kenya.

“...the greater need for Americans to become civically engaged and also to learn more about the world.” —Anthony
Learn Modern Standard Arabic in the classroom and Darija on the labyrinthine streets of Fez. Enroll in courses that provide insights into Moroccan life and culture. Live in the bustling Medieval medina or the modern Ville Nouvelle, behold the historic kasbah of imperial Meknes, and spend a weekend with the Berber people in the Sahara desert.

You will live with host families to surround yourself in Arabic. The ALIF study center, home to the program, hosts Arabic-speaking students learning English, which helps you develop cultural partnerships and find local peers.

Location
• Fez

Terms
• Academic year
• Fall or spring semester
• Summer session

Language of Instruction
• Arabic
• English

Academic Model
• Study abroad center
• Internships

Housing
• Homestay

Requirements
• Sophomores and above
• No language prerequisite

“We grow up learning about the differences. That's all we think about. It's not until you're there that you notice the similarities actually outweigh the differences, and in that sense, it really makes the global community smaller.”

—Phuoc

UMabroad.umn.edu/programs/africa/morocco

youtube.com/UMabroad230
Rapidly improve your French skills in less than four weeks in an intermediate or advanced language course, through conversations with your host family, and by interacting daily with local Senegalese. Participate in a community action excursion and explore the cosmopolitan, multicultural city of Dakar, capital of Senegal and the westernmost point in Africa.

Homestays in Dakar are an integral component of the language learning experience: You will live and share most meals with a family to gain deeper cultural insight into life in Senegal. Excursions to locations of cultural interest in and around Dakar are included in the program.

The Intensive French in Senegal program can be combined with the MSID Senegal semester program for an extended experience abroad.

“\textit{I know I was there, but somehow it feels like it was all a remarkable dream. Nonetheless, the pictures, the stories, the new friends that I’ve made—these are the precious gems that serve as proof that it was indeed very, very real.}”

\textit{Tiana}

Location
• Dakar
Terms
• Winter break
• Summer session
Language of Instruction
• French
Academic Model
• Study abroad center
Housing
• Homestay
Requirements
• Sophomores and above
• Minimum three semesters college-level French
Immerse yourself in Senegal, a fascinating country seen as a bridge between Africa and the West. Take classes and choose between an internship or research placement with a grassroots agency addressing the social and economic realities of Senegal. Choose from Wolof or French language study and live with a host family to gain deeper insight into the language and culture.

This program combines coursework with hands-on experience in an internship or research project. You will explore the complex nature of international development and intercultural understanding through daily contact with communities and their people.

The curriculum includes the following courses: International Development; Historical & Political Context of Senegal; Beginning, Intermediate, or Advanced Wolof Language or Advanced French Language; and Internship in Senegal or Research in Senegal.

Location
• Dakar and field placements in various locations

Terms
• Fall or spring semester
• Optional language pre-session

Language of Instruction
• French
• Wolof

Academic Model
• Study abroad center
• Field study
• Internships
• Research

Housing
• Homestay

Requirements
• Juniors and above
• Minimum four semesters college-level French

“If you are looking for a well-rounded education, then this should be an integral part of your study. I think you’ll be better off in your life, especially in the workplace.”

–Erika

UMabroad.umn.edu/programs/africa/msid-senegal
"I was definitely challenged academically, and I was able to push myself beyond my self-imposed limitations, thus learning and experiencing much more. Argentina was the highlight of my undergraduate career."

—Nicole
Ecuador

Intensive Spanish in Ecuador

Strengthen your Spanish language skills and explore Quito, a large city high in the Andes surrounded by volcanic peaks. Sample dry-roasted corn from street vendors while marveling at Old Town’s colonial architecture, narrow streets, and lively plazas. You will enroll in 4 credits of intermediate or advanced Spanish language, learn in small classes taught by host-country instructors, and practice Spanish each day with a host family to improve your skills rapidly. The program appeals to students interested in completing a full semester of Spanish language in three weeks.

Ecuador’s geographic and biological diversity ranges from coastal deserts to temperate mountain valleys to Amazon forests. Its population includes a mix of indigenous, Spanish, and African elements.

Location
• Quito

Terms
• Winter break
• Summer session

Language of Instruction
• Spanish

Academic Model
• Study abroad center

Housing
• Homestay

Requirements
• Freshmen and above
• Minimum three semesters college-level Spanish

“I had a really wonderful experience abroad. I am most proud of my language improvement and my academic work. I will miss saying ‘buen provecho’ and ‘que te vaya bien.’ I will be practicing my Spanish every chance that I get, and I will hopefully stay in contact with the wonderful friends that I made.”

—Hilary

UMabroad.umn.edu/programs/americas/ecuador
**ECUADOR**

Minnesota Studies in International Development

Examine Ecuador’s social and economic realities both in the classroom and through an internship or research project with a grassroots agency. Experience contemporary Ecuadorian culture—a blend of indigenous and Spanish colonial—while living with host families and honing your Spanish language skills.

This program combines coursework with hands-on experience in an internship or research project. Explore the complex nature of international development and intercultural understanding through daily contact with local communities.

Engage with the fascinating culture of Ecuador while enrolling in *International Development, Historical & Political Context of Ecuador; Spanish Grammar & Writing Workshop or Introduction to Latin American Cultures; and Internship in Ecuador or Research in Ecuador.*

**Location**
- Quito and field placements in various locations

**Terms**
- Fall or spring semester
- Optional language pre-session

**Language of Instruction**
- Spanish

**Academic Model**
- Study abroad center
- Field study
- Internships
- Research

**Housing**
- Homestay

**Requirements**
- Juniors and above
- Minimum four semesters college-level Spanish

“*I knew I wanted to do work in international development as an engineer, and the MSID program was a unique opportunity where I could go to a developing country to learn about international development and also learn about the culture.*”

—Alek

UMabroad.umn.edu/programs/americas/msid-ecuador
MEXICO

Study Abroad in Mexico

Improve your Spanish by living with a host family and taking classes taught by attentive instructors. Language classes are limited to five students and are taught by Mexican teachers who are specialists in their field. You will also explore the Palacio de Cortes and the murals of Diego Rivera, climb the enormous pyramids of Teotihuacan, and bask in the ever-temperate climate of the “City of Eternal Spring.”

Cuernavaca’s approachable size, gorgeous climate, ancient ruins, and colonial architecture make it the perfect location to discover the language, culture, and warmth of Mexico. Cemanahuac Educational Community, the international language institute that hosts the program, is centrally located in a villa in the elegant Las Palmas section of the city.

Location
• Cuernavaca

Terms
• Winter break
• May session
• Summer sessions

Language of Instruction
• Spanish

Academic Model
• Study abroad center

Housing
• Homestay

Requirements
• Freshmen and above
• No language prerequisite

UMabroad.umn.edu/programs/americas/mexico

“I was amazed at how much fun I had with my host family. My family was awesome, and I am surprised how much I studied. And it was a beautiful place.”

—David
University Study in New Zealand: University of Auckland

Earn 16-17 credits per semester studying at a diverse, urban university in New Zealand. University of Auckland has a reputation for excellence in the sciences, engineering, and research.

Auckland, known as the “City of Sails,” is New Zealand’s most populated city with about a third of the country’s entire population. The city offers a multicultural flair, natural beauty, a perfect setting for water sports, and tons of cultural events.

You will live and learn alongside other visiting study abroad students, full-time international students, and local University of Auckland students, providing an opportunity for full cultural immersion and campus community engagement. You will receive full-time on-site support from the University of Auckland’s International Office staff.

Location
- Auckland

Terms
- Academic year
- Calendar year
- Fall or spring semester

Language of Instruction
- English

Academic Model
- Host-university study

Housing
- Apartment
- Dormitory

Requirements
- Sophomores and above
- No language prerequisite

UMabroad.umn.edu/programs/asia-oceania/nz-auckland
Minnesota Studies in International Development

Investigate the complexities of development issues in Thailand, the only southeast Asian country never colonized by European powers. Study the Thai language, use your new language skills at home with your host family, and learn from the local community through an internship or research project with a grassroots NGO.

This program combines seven weeks of coursework in the city with six weeks of an internship or research project. You will live in bustling, charming Chiang Mai, visit incredible Buddhist temples, and enroll in the following classes: International Development; Historical & Political Context of Thailand; Beginning Thai Language; and Internship in Thailand or Research in Thailand.

Location
- Chiang Mai and field placements in various locations

Terms
- Fall or spring semester

Language of Instruction
- English
- Thai

Academic Model
- Study abroad center
- Field study
- Internships
- Research

Housing
- Homestay

Requirements
- Juniors and above
- No language prerequisite

UMabroad.umn.edu/programs/asia-oceania/msid-thailand

“It was a fantastic experience; I wouldn’t trade it for anything in the world.”

—Carlie
Enroll in business courses in English or French alongside French and international students at the University of Montpellier near the Mediterranean coast. Live in Montpellier, a student-centered city home to a variety of businesses—from local agriculture to tech startups to international corporations—and enjoy the city’s arts, culture, recreation, and intellectual pursuits. Participate in excursions to nearby historical and cultural sites, as well as social activities that help you meet French people and make lasting connections in France.

Through the core course, Global Business & Industry: France at the Crossroads, learn how business is conducted in France and examine the development and current state of the European business environment from a French perspective. Deepen your understanding through business courses in a variety of disciplines, begin or continue your French language study, and enroll in a variety of program electives. This program, developed in conjunction with the Carlson School of Management, is based at the University of Montpellier.
FRANCE

Engineering in France

Live and study engineering in Montpellier, France’s fastest-growing city and home to thousands of students from around the world. Experience the exciting hub of modern technological industries alongside historic traditions. Explore Montpellier’s historic city—the Place de la Comédie—and take excursions to the striking Provence region, nearby Medieval towns, and the famous historic cities of Avignon and Arles. It is an ideal place to take classes for your major, from computer science to mechanical engineering.

You will study engineering in English or in French at the Polytech at the University of Montpellier. You can select from a range of classes in computer science and management; electrical engineering; energetics; biological and food engineering; materials science and engineering; mechanical engineering and interactive design; and water science and engineering. You will also begin or continue your French language study and can enroll in a variety of program electives.

Location
• Montpellier

Terms
• Academic year
• Fall or spring semester

Language of Instruction
• English
• French

Academic Model
• Host-university study
• Study abroad center

Housing
• Apartment
• Homestay

Requirements
• Sophomores and above
• No language prerequisite

UMabroad.umn.edu/programs/europe/engineering-france

“The tours of the labs and research facilities were a once-in-a-lifetime opportunity that I will always remember.”
—Shae
Integrate into French culture in Montpellier, a vibrant city located just miles from the Mediterranean. Hone your French language skills and take classes in a variety of subjects at University Paul Valéry or the University of Montpellier, among Europe's oldest universities. It's easy to enjoy the city's college-town atmosphere, Medieval and contemporary architecture, and sunny climate.

Enroll in a track of study depending on linguistic ability: beginning, intermediate, or advanced. As your French language skills advance, you have more electives in a larger array of academic disciplines available to study. An internship option lets you gain insight into French working life, or you can participate in a community engagement project and volunteer with a local organization. The UoM Program Center serves as your home base with academic counseling and program support from on-site staff.

Apartment and homestay options provide different ways of integrating into everyday French culture. Excursions and social and cultural activities help you become more familiar with the flavor of southern France.

“The on-site staff is incredible. They were super helpful in pointing me in the direction of classes that meet our requirements. The staff is also helpful in helping with living arrangements and getting to know the city in general. The program has social assistants that make sure we are doing the activities we want to do and also come up with other activities that could be fun for us. They have been terrific help for me.”

—Janet
FRANCE

Sports & Culture in France

Study French sports culture—including tourism, psychology, coaching, leadership and politics—in Montpellier, one of France’s sportiest cities. Visit local sports and recreational facilities, sail in picturesque Port Camargue, and soak up all southern France has to offer.

You will also learn about several European sports, such as pétanque and handball, and enjoy a wide variety of athletic activities including hiking, swimming, soccer, and cycling. The program includes excursions hiking in the national park of the Cévennes mountains; a training session of the Montpellier handball club and a professional handball game; and a long weekend trip to Paris, including a tour of Rolland Garros where the French Open is played.

Location
• Montpellier

Term
• May session

Language of Instruction
• English

Academic Model
• Study abroad center

Housing
• Apartment

Requirements
• Freshmen and above
• No language prerequisite

UMabroad.umn.edu/programs/europe/montpellier-sports

“Thank you for [this] immersive experience. Not only did I learn about cultural practices different than my own, but I also adopted these traditions; some are temporary, some permanent.”

—Elisabeth
FRANCE

Teaching Practicum in France

Study in this cultured university city with a centuries-old history of intellectual advances and social tolerance. You will complete teaching licensure requirements, examine French education practices, and complete your teaching practicum in a French school while living with a host family or in a charming apartment.

Based at the University of Montpellier, this program has been developed in conjunction with the University of Minnesota’s College of Education & Human Development and is designed to meet major requirements for students in elementary education, early childhood education, and special education.

Housing options provide multiple ways of integrating into everyday French culture. The program includes several excursions to nearby sites and employs French students to plan social and cultural activities.

Location
• Montpellier
Terms
• Fall or spring semester
Language of Instruction
• English
Academic Model
• Study abroad center
• Internships
Housing
• Apartment
• Homestay
Requirements
• Sophomores and above
• No language prerequisite

UMabroad.umn.edu/programs/europe/france-teaching

“So far my entire experience has been wonderful, and I hope to continue making everlasting memories throughout my journey.”

—Georgina
FRANCE

Youth Development & Psychology in France

Developed in partnership with the Developmental Psychology department and the Institute of Child Development at the University of Minnesota, this program offers a range of upper-level psychology courses taught in English. You will earn credit in this cohort-based program toward your developmental psychology or psychology degree while studying in this vibrant city with a centuries-old history of intellectual advances and social tolerance.

This program provides an exceptional opportunity to study resilience in young populations through a course co-created by a University of Minnesota developmental psychology professor and a French psychologist, who will teach the core course focused on resilience. You will participate in a cohort program based at our program center while engaging with the local community through community engagement work. By the end of the program, you will have gained a deep, intercultural perspective on trauma, immigration, and other global issues that affect children and youth.

Location
• Montpellier

Terms
• Fall or spring semester

Language of Instruction
• English

Academic Model
• Study abroad center

Housing
• Apartment
• Homestay

Requirements
• Sophomores and above
• No language prerequisite

“I found Montpellier to be a vibrant, exciting city with so much to offer! The citizens welcome students and foreigners as they would welcome a friend—they want to show you how wonderful their city is. After all, how can you be bitter in the constant sunshine of southern France?”

—Amanda
IRELAND

Business in Dublin

Offered in partnership with the Carlson School of Management, this program gives you the chance to explore business through an Irish lens and take classes from local experts. Travel to different parts of Ireland to learn about the culture and history of the Irish people.

This program is best suited for juniors and seniors who have completed introductory business classes and can delve deeper into their business studies at the Quinn School of Business at University College Dublin, a highly ranked business school. In addition to courses, you have the option to complete an internship to get a glimpse into how businesses function in Ireland.

Location
• Dublin

Terms
• Fall or spring semester

Language of Instruction
• English

Academic Model
• Study abroad center
• Host-university study
• Internships

Housing
• Apartment

Requirements
• Juniors and above
• No language prerequisite

“A big thing with the Carlson School of Management is a global perspective. And now that’s something I can really talk about in an interview.”
—Joe

UMabroad.umn.edu/programs/europe/business-in-dublin
IRELAND

Study Abroad in Dublin

On this semester program, enroll in classes at Dublin City University or University College Dublin or take study center classes focused on creative arts, theatre, and literature. The theatre performance course is in partnership with the Gaiety School of Acting, which provides additional insights and connections to the theatre scene in Dublin.

All students will take the core course, called Engaging Ireland: Past, Present, & Future. It is a course meant to contextualize your experience and give meaning to the place in which you are living. The course is rooted in history, but it will also delve into politics, economics, religion, sport, language, and music. As part of this course, you will explore Ireland and bring course concepts to life through study tours to western Ireland and Northern Ireland.

Dublin is a flavorful feast of Medieval castles and cathedrals, cultural events, rich theatre and arts scenes, lively nightlife, bustling shopping areas, and a booming tech community. With more than 40% of its population under the age of 30, it is now one of Europe’s most youthful cities.

UMabroad.umn.edu/programs/europe/study-abroad-in-dublin

Location
• Dublin

Terms
• Fall or spring semester

Language of Instruction
• English

Academic Model
• Study abroad center
• Host-university center
• Internships

Housing
• Apartment

Requirements
• Sophomores and above
• No language prerequisite

“There is a quiet confidence to this city, a strong assurance it has in itself. It is a wonderful jigsaw of people, architecture, and culture that fits together because of its ability to accept basically anything. It goes with the flow. Dublin doesn’t push, it doesn’t expect, it doesn’t impose, it just is.”

—Erin
IRELAND

University Study in Ireland: University of Limerick

Study in Ireland’s third-largest city at the University of Limerick, considered one of Ireland’s most beautiful campuses. The university offers innovative academics, state-of-the-art sports facilities, and vibrant campus life.

The University of Limerick is known as a technological powerhouse in Ireland and works closely with the nearby National Technology Park of Ireland. It is also well known for science, humanities, business, and social studies. Choose from the university’s wide variety of courses in almost every discipline, allowing you to create a broad and diverse curriculum, or further study in your major.

Students on the semester program live and learn alongside other visiting study abroad students, full-time international students, and local University of Limerick students, providing an opportunity for full cultural immersion and campus community engagement. You will receive full-time on-site support from the University of Limerick’s International Office staff.

Location
• Limerick

Terms
• Academic year
• Fall or spring semester
• Summer session

Language of Instruction
• English

Academic Model
• Host-university study
• Community engagement

Housing
• Dormitory

Requirements
• Sophomores and above
• No language prerequisite

"I’ve always wanted to be a lawyer. By going abroad, I was exposed to more legal systems and found out more about other countries’ government and how their legal systems work...That definitely helped, because I could see myself going into politics one day."

—Madeline

Madeline Funk
Major: Psychology & Political Science
Learn or improve your Italian in romantic Florence, center of the Italian Renaissance. Enjoy fresh, hearty Tuscan cuisine, admire masterpieces in world-famous art museums, and immerse yourself in Italian culture through courses, excursions, and an internship.

You will attend class in the Oltrarno neighborhood in the Piazza Santo Spirito, home to one of Florence's best-known basilicas: Santa Maria del Santo Spirito. You'll be within easy walking distance of major monuments and museums, while studying in an area that is still very much inhabited by Florentines and full of artisans, artists, galleries, and restaurants.

Florence is a thriving city with a fascinating mix of historic and contemporary culture. The Duomo, Florence's magnificent cathedral, is in the middle of it all: chic shops and elegant restaurants line the charming avenues; historic piazzas are ringed with outdoor cafes, performance artists, and flea markets. Enjoy the region's mild climate and world-famous cuisine in one of the most beautiful cities in Europe.

**Location**
- Florence

**Terms**
- Fall or spring semester

**Language of Instruction**
- English
- Italian

**Academic Model**
- Study abroad center
- Internships

**Housing**
- Apartment
- Homestay

**Requirements**
- Sophomores and above
- No language prerequisite

“Being in Italy, I studied a lot of Renaissance work, which was wonderful and completely different from what I have access to here. But it made me realize, in the US, things are a lot fresher. I feel like here people look more towards the future for art, new ideas, more modern. In Italy, it’s about looking to the past more, conserving, restoring. I never had thought about this difference.”

—Jessica
“I am thankful to get the opportunity to explore. But no matter how many places I go, no matter how many beautiful landscapes I see, Toledo will forever and always be my favorite place in the entire world.”

—Sarah

Spain

Cross-Cultural Health in Spain

Head back in time in Toledo, a charming Medieval walled city. This program is geared toward pre-med, pre-nursing, public health, and health services management students with a background in Spanish.

Declared a World Heritage Site, Toledo is a living museum, a preserved part of Spanish history where people still live, work, and play. A city of approximately 80,000, Toledo offers an environment where students can be immersed in Spanish culture through coursework, internships, and daily life.

Choose from multiple health-related courses, such as Medical Spanish, Comparative Public Health, Diversity in Global Health, and more. You can also intern in the health field and take other topics courses taught in Spanish.

Location
• Toledo

Terms
• Fall or spring semester

Language of Instruction
• Spanish

Academic Model
• Study abroad center
• Host-university study
• Internships
• Community engagement

Housing
• Homestay
• Dormitory

Requirements
• Freshmen and above
• Fourth-semester Spanish or above
SPAIN

Psychology & Research in Madrid

Study psychology, gain an international perspective on psychology, and improve your beginning or intermediate Spanish language skills. This program is intended for psychology majors and minors working toward their bachelor of arts or bachelor of science.

During the semester or summer programs, take courses that fulfill psychology BA/BS requirements. Spanish- and English-speaking research experiences are available in neuroscience and addiction therapy.

This program is offered in partnership with the Department of Psychology and the Fundación Ortega-Marañón in central Madrid.

Location
• Madrid

Term
• Fall or spring semester
• Summer session

Language of Instruction
• English
• Spanish

Academic Model
• Study abroad center
• Internships
• Research

Housing
• Apartment
• Homestay
• Dormitory

Requirements
• Sophomores and above
• Two semesters college-level Spanish required for semester

“We took in all of the incredibly beautiful sights in the city—I can’t believe that I’ll be calling it home for the summer. It truly is an amazing place. One minute you’re in a bustling shopping center, the next you’re on top of a cathedral.”

—Taylor
SPAIN

Study & Intern in Madrid

Improve your Spanish language skills and participate in an internship in Madrid, Spain’s lively capital. You can enroll in English-taught courses in business, communications, finance, marketing, religion, and more. While in Spain, you can take excursions to historic Segovia and El Escorial, purchase a pair of colorful espadrilles, and enjoy all that this captivating city has to offer.

This program is geared toward students who would like to improve their beginning or intermediate Spanish language skills and take courses in English and Spanish. English-speaking internships are available. You can also take English-taught courses at Universidad Carlos III de Madrid.

Our program partner, the prestigious Fundación Ortega-Marañón in Madrid, is located in a central part of the city, near Paseo de la Castellana, where it is easy to catch public transportation to any other part of the city.

Location
• Madrid
Terms
• Academic year
• Fall or spring semester
• May session
• Summer session
Language of Instruction
• English
• Spanish
Academic Model
• Study abroad center
• Host-university study
• Internships
Housing
• Apartment
• Homestay
• Dormitory
Requirements
• Freshmen and above
• Minimum two semesters college-level Spanish

“My summer was amazing. I could not have dreamed of a better program to study abroad through. The professors were extremely helpful with any questions or concerns I had. The faculty and staff were amazing as well.

I learned more with my host family than I did in my classes—although I learned a lot in class too. Overall, I would give this program 10 out of 10. I can’t think of anything I would change.”

—Britney
Head back in time in Toledo, a charming Medieval walled city, to strengthen your language skills, choose from a variety of program courses, immerse yourself in an internship, and take various excursions throughout Spain. You can wander cobblestone streets to discover historical attractions and sit atop the highest hill for commanding views of the city.

You will receive individual attention from faculty who are specialists in their fields at the prestigious Fundación Ortega-Marañón, earning major or minor credit in many areas, including anthropology, archaeology, art history, economics, history, linguistics, political science, Spanish cultural heritage, Spanish language, Spanish and Latin American literature, Spanish theatre, and business. The program offers opportunities to study at the University of Castilla la Mancha, conduct a community-engagement project, or intern with a Spanish company.

Location
• Toledo

Terms
• Academic year
• Fall or spring semester
• May session
• Summer session

Language of Instruction
• Spanish

Academic Model
• Study abroad center
• Host-university study
• Internships
• Community engagement

Housing
• Homestay
• Dormitory

Requirements
• Freshmen and above
• Minimum four semesters college-level Spanish

“It was good that I was able to get out into the community, and it was a better way to see how life in Spain actually is, what the workplace is like, how people interact. It definitely helped me to get into the Spanish culture.” — John
Helpful Tips & Resources

Learning Abroad Center Website
Visit UMabroad.umn.edu and click on the “Non UofM Students” menu for:
• Up-to-date information on study abroad program courses, fees, and dates
• Study abroad applications
• Searchable database of work, intern, and volunteer opportunities
• Scholarship information and database

Your Academic Advisers
Throughout the process, talk with your major/minor and other academic advisers to discuss:
• Requirements you have left to fulfill
• Timing for study abroad, taking into account sequence courses and courses you must take on campus
• Your degree progress, especially if you choose a work, intern, or volunteer program
• Other aspects of integrating your on-campus academic work with your study abroad experiences. You and your adviser can learn more at UMabroad.umn.edu/professionals/curriculumintegration.

Financial Aid Resources
Visit UMabroad.umn.edu and click on the “Non UofM Students” menu, then on the “Funding” tab for more information on how to finance your experience abroad. Remember to consult with your own institution’s study abroad office and financial aid office to explore all possibilities for receiving funding.

Career Integration
Learning abroad can lead to intercultural competencies that are appealing to potential employers and graduate schools alike in our increasingly interdependent society. Start thinking about your academic and career goals before, during, and after your experience abroad.

Before You Go Abroad
Think about how an international experience will impact your career and professional development. Identify professional development goals early in your advising appointments by engaging in self-assessment and reflection. Create a clear relationship between your academic and career goals and your international experience. Discuss the following with your academic adviser, career counselor, or a learning abroad staff member:
• The skills or proficiencies you hope to acquire or enhance while abroad
• Learning abroad program start and end dates and whether they conflict with internship dates and opportunities or graduate and professional applications
• How to research positions in your field and industry
• What you hope to gain from your international experience
• Whether to focus on academics or to also build in volunteer, work, or internship experience
• How an international experience can make you stand out
• How international experience fits with who you are professionally and personally

During Your Experience Abroad
Take responsibility for your own learning and engage in your experience fully by making connections and documenting your experience.

Make Connections
• Build your network; collect and document contact information
• Develop friendships and professional relationships
• Conduct informational interviews
• Connect with alumni via the Learning Abroad Center’s and UofM’s alumni networks
• Request and document references or letters of recommendation
• Document and share with others; practice talking about your experiences
• Develop your personal brand and build an online identity (LinkedIn, blog and vlog, Facebook, Twitter, Instagram, Pinterest, Snapchat)

Upon Return
Market Your International Experience
• Work with a career counselor to market your international experience for employers and graduate schools by identifying skills learned abroad and articulating your experience on resumes and in interviews

Get Involved
• Seek out information about internships for returned students in your school’s study abroad or international student office
• Share your experience by serving as a contact for future participants. Volunteer at pre-departure orientations and get involved in your community.

Additional Resources
• Learning Abroad Center Re-Entry Handbook
• Define Your Experience for Employers Handout

Student Identities
Students with Disabilities
We encourage students with disabilities, apparent or nonapparent, to explore opportunities abroad. The LAC and the Disability Resource Center are collaborating to enhance access to study abroad for students with disabilities. Learn more at UMabroad.umn.edu/professionals/accessabroad.

Multicultural Students
As part of a greater initiative to provide all students equal access to the benefits of an internationalized degree, the LAC partners with departments and colleges across all five campuses to provide support to multicultural students before, during, and after their learning abroad experience. For more information, visit UMabroad.umn.edu/students/identity/multicultural.

LGBTIA Students
LGBTIA individuals can find resources and support for selecting a learning abroad experience that fits within their academic, career, and personal plans. For more information, visit UMabroad.umn.edu/students/identity/lgbtqia.
FERPA

The same laws that give parents and students access to and control over a student’s educational records during elementary and high school transfer ownership of the records to the student at the college level. According to FERPA (Family Educational Rights and Privacy Act, also known as the Buckley Amendment), college students are considered responsible adults and are allowed to determine who will receive personal information. Under this law, parents who want to receive a copy of their student’s academic or financial records can do so if their student signs a release form. FERPA, along with the State of Minnesota Data Privacy Act, forms the backdrop for the Regents Policy on Access to Student Records.

While federal law (FERPA) prevents the Learning Abroad Center (LAC) from sharing information about a particular student, you are encouraged to browse the resources available online and in our office and to talk to your student.

Student-Centered Office

Parents are very important supporters of students’ international experiences. The LAC is dedicated to being student-centered. We purposefully strive to communicate with and send all correspondence to students, who are the individuals who will be abroad and who are responsible for themselves in a foreign country. In our experience, independent student preparation helps make the transition to being abroad a successful one.

While we are pleased to meet with parents to answer questions, in many cases we are not at liberty to share information out of compliance with FERPA. We encourage you to funnel your questions through your student, having him/her serve as the family representative. When sharing your questions with your student, you may wish to discuss why you have questions about a particular topic and what impact different answers could have. This process is a wonderful exercise to help your student reach the next stage of maturity and become an independent adult.

Sequence of Support

1. Exploration
   Talk to your student about their goals and needs for their experiences abroad. Study with a new professor? Career development? Travel? Heritage exploration? Scholarship options?

2. Selection
   Ask your student about their choice. Why did they choose this program? What are their expectations? What do they hope to gain from the experience?

3. Departure
   Students can often feel overwhelmed and less confident than when they originally began the steps to go abroad. Reiterate that you feel they will succeed and that both the LAC and you will be there when challenges arise.

4. In Country
   Remember, just like when your student went to a week-long summer camp, they don’t call you when they are surrounded by friends and feeling wonderful about the experience. You are their support system and they will rely on you when they are confused, lonely, or vulnerable. Talk to your student and ask them to check in the day following the pep talk. The emotional cloud often passes and things improve dramatically. Encourage them to contact local staff with concerns.

5. Re-Entry
   Ask your student specific questions about their experience. What did they see on the way to classes or an internship? What was the food like? Language? Host-national friends? American friends? Some students may take more time to reflect independently. Other students may be showing you photos and sharing stories with you from their time abroad.

“There is nothing like this experience. It truly lasts a lifetime. It seems especially important for American students to go abroad as we sometimes get caught in our ‘bubble.’ This helps to foster windows, not mirrors, for us.”

—Abby Carpenter
Parent of UofM student
## Program Overview

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<thead>
<tr>
<th>Location</th>
<th>Program</th>
<th>Term</th>
<th>Housing</th>
<th>Language requirement</th>
<th>Level</th>
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