Coaching Students On-Site as they Explore their Future Major and Career Focus

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My Story
Center for Academic Planning & Exploration
Learning Abroad Action Guide

• In what ways might an off-campus study experience influence your choice of academic major or future career path? WHY?
• What is it about being away for a semester or a year that might, in your opinion, prompt positive changes in you?
• In what ways might an employer value what a student gains from learning abroad?
The Learning Abroad Center in 230 Heller Hall (on the west bank) is the University of Minnesota's comprehensive resource for study, service-learning, work, intern, volunteer, and travel experiences worldwide. A variety of program options—300 programs in over 80 countries—have been developed to address the diverse needs of students.

Students who are in the process of exploring majors can still go abroad with careful planning. The University wants you to include an international experience as an integral part of your undergraduate career. Learning abroad can fit very effectively into your University of Minnesota degree plan without delaying your graduation.

Programs vary in length, academic focus, teaching format, language requirements, cost, and degree of independence demanded of the participant.
Coaching students while on-site

CAPE Coaching philosophy

Asking questions: What can we ask students while they are on-site to help them reflect?
Other thoughts

• Home institutions offer Skype appointments for major/career exploration
• Develop resources/training for on-site staff related to coaching, major/career exploration
Thank you!

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